



The Pleadians transmit their first message of 2023

<https://youtu.be/2mp-otekkjc>

Pleadians

Energy transition of love and light in January 2023

Dears Brothers,

We salute, stay still. Know that now on Earth they have entered a higher path where the vibratory patterns can descend from the universe to the surface of your planet. These vibratory patterns of higher consciousness are interacting through their magnetic core and create pulsating light waves. They have been designed to move out, through the terrestrial plane and to interact within the cells of your heart and nervous system. You have entered the next phase of your path, of your destiny on Earth. The entire universal community has created and maintained around the Earth, for this next phase of transition to an energy aura that is similar to a uterus. When they entered a more expansive energy system in 2023, the link to the universe in which they reside with their terrestrial plane and throughout the planet launched a series of profound energy changes. A new model of the Earth has been manifested, containing sacred texts of light that will be significant as this next phase develops. The Earth has been aligned with an energetic hierarchy, within the framework of universal consciousness. The entire universal community has given birth to a sacred bond with the consciousness of the earth. These links are launching enormous potential for those of you who are willing to actively participate in the great community you have always been a part of. This is a return for you, a time for you to take your individual place within the Holy Communions that have always existed through all time. This is the time for you to consciously choose to get going, so you

recommit through the Avenue of the Space of your Heart so you can fully link with this superior line of communion. When the strands of their DNA entered 2023, they repositioned themselves and prepared to start these reconnections that will be launched within their consciousness. Your DNA plays a fundamental role in your ability to re-remember. There is no such thing as time and you can simply realign yourself with your complete sacred aspect of consciousness. There is nothing you have to change in your human aspect for the activation of the reconnection with your sacred component. Right now, this is the destiny in which you are moving since this process is what they have agreed to achieve in this now. Naturally you are a multidimensional being who is having a human experience and through the door of your heart you will realign yourself with a higher state of self-empowerment. Your heart has begun a metamorphic change in response to the repositioning of your DNA. These changes within the DNA strands have allowed them to return and align with the power of their multidimensional heart space. This is your time to actively participate through the powerful transmutation of your heart, more than ever your heart will play a more expansive role and as a multidimensional tool it is your authentic compass that is guiding you and taking you to the destination of a more wisdom and truth more deep. The main role of the heart is to guide them to navigate their alignments towards the universal community and includes their family of origin from outside the planet. The energy of your heart is like a helping hand that extends towards you. Connect with your heart so you allow your next step to throw you into another phase in your awakening. It has been promised and prophesied a quick reboot that will be carried out as they are transferred through the aligned energies of 2023. You must actively participate through your heart to receive the complete start and claim your inheritance, through the space of your sacred center. Commit to the reboot using your awareness within your heart, as this is the entry point for your transition through the repositioning of the strands of your DNA. Along with your conscious interaction within your heart space you can activate the energy reset through your systems. Through this reboot inside you will carry the energy design that will allow you to enter this superior energy sand of the new Earth model. Your function is to start an alignment with this higher plane that is now part of the Earth's composition. These alignments can be put in place through the activation of the Divine Frequency of your heart, which in turn will anchor you more within the knowledge of the unique Divine Signature of the Light of your Sacred Center. This is a sacred moment for all of you who are on this path and once you activate this reboot, you will automatically recreate an alignment between all the collective frequencies of the heart, you will forge and anchor the light of the higher collective consciousness, through all the Earth-conscious communities. Let yourself go and simply take the step in this process, which is natural and organic, because it is not about achieving perfection, but about being aware of your own sacred component, which simultaneously exists within your heart. Remember that while you have your human experience, at the same time you will wake up again. Every time you choose to open up to that truth and simply hold it and breathe consciously, you will change beyond the limiting cycle. This is your moment to go through the veils of illusion and to claim the moments where you will be in the sacred truth of yourself. The words I AM activate this truth through every cell of your heart. Let us support you from now on. Call us, as our role is to assist you during this transition. In those moments we will

separate the veils of the illusion and we will give you moments where you will return to fullness. You have embarked on a journey of unlimited proportions, for having agreed to come to the planet at this moment of transition to play your unique individual role on Earth. Remember that you have said yes to be here being possible that your ego mind does not remember the previous agreements you have made for this situation of time, however your heart maintains the frequency of these previous agreements, so it is your only and true point of reference for your alignment with the home of the upper state of the be. This time it's about learning to use the tool of your heart, to forge a path to the higher consciousness, you can achieve this through your deep alignment within your unique flow inside your heart with the light of your consciousness. The essence of your heart tool can be seen or felt and is ready to reveal an unlimited form of yourself. Take a moment to reveal yourself. Stay still and, through your heart, focus on your self-realization goal. The words I AM will link you in the meeting with your presence. We are your witnesses, we also maintain the platform for those of you who have said yes, for the performance of a fundamental role in the process of self-resurrection of the Earth.

Alignment process through your heart with the new plane of the Earth

You will be using what is called a code of thought, which is a sacred frequency. You should place it in your heart, thinking about it, without making any sound. Wherever you keep your awareness this code of thought will automatically be placed. You are recognized by the unique frequency you create with your thought code. This frequency that you create in the universe is unique to the cells of your heart. They will respond to this frequency that you will do and will begin to open, like a flower in the sun. You can bring your thought code to your heart, as many times as you want and feel.

*“Place the palms of both hands on the upper part of the chest. Feel the heat of the pressure of your hands on your chest. Breathe consciously inhaling and exhaling through your mouth and let yourself go. Be aware of these connection points. Then bring and place three times in your heart the words **I AM**.*

*Perceive or feel how this space is opening more and more. Perform another conscious breathing by inhaling and exhaling with your mouth. Now place your **Zhahnnn** thought code, pronounced **San** in the space of your heart. Feel or perceive how your heart cells open in response to the energy of the thought code. Do this as many times as you feel necessary. Perceive or feel how your heart energy expands out. Notice how the space of your heart is filled. This feeling can go far beyond your physical body. Now focus on the place of your chest, where your hands are supported and align them.”* You can do this process as often as you like. We witness you as you claim your inheritance.
(Blessings are the Pleiadians through Cristine Day)



Arcturians

Energies January 2023.

Greetings,

We are the Arcturians Council. We are happy to connect with all of you. We are very aware that we have been talking a lot about all of the year 2023, and that we have focused little on the energies that you are receiving during the month of January.

The energies of January will try to perfectly align themes to you and your physical body with the consciousness of your soul. As many of you know your physical body has its own consciousness. In fact, each cell has its own unique consciousness. You are not your body, you are your soul, whether or not you are aligned as a mind-body and soul. Through the soul you connect with the physical body. When you are out of line you have all kinds of mental and physical problems, which then creates emotional problems for you.

Therefore, it is of the utmost importance that in the reality you experience, you are aligned with the projection of your soul. Keep in mind that when you listen to others talk about alignment, they are referring to many different things, since they are sometimes talking about alignment with the source or the alignment of the chakras. But now we are talking about the way your body synchronizes with your soul consciousness. Of course, you are not always focused on this reality. When you are asleep it is one of those moments when you are not focused on it. Many times the alignment of your body and your mind can get a little out of control, but at this moment of your spiritual evolution and your ascension journey, you find yourself where everything really matters much more. At this time the alignment of your soul mind and body matters immensely and the energies of January are intended to guarantee that you have that alignment and maintain it no matter what. Of course, the things that happen there on Earth, which they see hear and experience, including physical trauma, can misalign them, but *what do you have to do for this alignment to occur?* This question is wonderful. In this now, where you already know that the energies that come will

allow you to achieve this alignment, relax with them, feel them and trust that they know what they are doing. These energies will also encourage you to make healthier decisions for your body and mind, because these factors also come into play when it comes to alignment with your soul consciousness. You are your soul and for a brief period, with your body you will be aligned with eternity. Therefore it is very important that you recognize your non-physical nature and the truth that you are, and have always been, a non-physical being. When you begin to recognize this with your mind, you will be able to experience having a body in your temporary form. You are spiritually awake, because you know that you are a source of energy from the source. As a source of energy from the source you are operating as an individualized soul. In this oneiric reality that we call physicality, you are projecting a part of who you really are. When they recognize that this is a temporary experience, they will also understand that they can make the most of it and in this sense the energies of January will support them. You are destined to enjoy your mind and your body, also your time in this life and on a physical level and in this now, you have much more support to do this.

We are the Arcturian Council and have enjoyed connecting with you.
(via Daniel Scranton)

Asthar Sheran

Transition to renewal in 2023

Greetings.

In all fronts.

2023 will be a restless but special year, since the truth will emerge from a deep darkness. Understand yourself and everything that unbalances your system, because a lot of impulses are entering in you so that you feel free and make the change.

Religion and belief

Old spiritual dogmas are being rejected. New ways of strengthening the faith are emerging, where the belief in one's strength is becoming the center. The old religious forms are filtered and purified. They are just ways of expressing the divine. External divisions must be removed. Personal issues are dealt with firmly and are faced at all levels.

The transition

Many will make an important transition this coming year, because many opportunities will cross paths. Don't be alarmed and make your choice with peace of mind. Do not reject this change and confrontation, just take a short break and focus your attention on your inner silence. If you doubt too much, choose with your heart before what may appear and disappear suddenly. Stay tuned because the deception will also be there.

Politics

Right and left, politics will make strangers unpredictable and abrupt movements, so your mind will get confused. Don't let this happen and stay in the middle. Choose your position from tranquillity, so that peace continues to resonate in your heart. Be the central point of your own strength, and in what confuses you, choose the middle ground. Don't let yourself involuntarily drag something that doesn't suit you. Positive beliefs can act as a revelation that will enrich your mind.

Pillars of Light

That which with conviction touches your heart will form pillars of light that will lead you to the new route or the transfer point in your life. These are the turning points that will show you where you are stuck. In 2023 turning points will abound, but do not worry when you feel that you have missed an opportunity, since new possibilities will arise all the time.

Great Change

The great change from old to new can lead to wonderful things, such as the emergence of many new groups. There will be a lot of new opportunities. Don't let them pass. Even if they can leave you overwhelmed and exhausted then, pay close attention to them. When the limit is knocked down, however, don't trust yourself too much. Stay connected to Mother Earth's energy as it will help you move your way. Keep this connection. Feel this energy in your body, then look up. Your crown will open to cosmic energy. Allow only living light to enter you.

Cosmic consciousness

The energetic antennas of your head point and connect with the cosmos, open your mind to a new birth that will settle in your heart. When you feel stuck on your way, ask the world of light for help. If you allow your inner light to shine, you will lean on changing your fearful way of feeling. Choose the path of change and make the transition from a good way of feeling, since this is how you can better deal with the new opportunities that will come up again and again. This process is special and certainly not boring. Don't let yourself be encouraged by the many events that will come around you.

Economy

The economy will also go in many directions, which will cause a lot of concern. One part will seem to be going well, while the other will show that many things are going wrong. In this situation also apply your meeting of the environment so that you remain firm. In the heart of the storm is where silence reigns and the panorama becomes clear. It allows you to distinguish what suits you. So put your attention to this.

Tension field

The war in the north of one of its continents will continue silently in the background and at some point it will come to the fore. The tensions around nuclear weapons will arise for a short period of time. A wave of fear will take over the world, but it will also be suppressed again due to rapid changes in the

timelines. Unexpected “knots” will emerge, which will be the accumulations of the old tension fields and will result in strange situations. They will emerge suddenly, but they will also be resolved spontaneously and the world of divine light will help with this.

Intentions

You will experience the manifestation of the intentions that you propose from your heart, which will give you a wonderful feeling of power. Many wonderful experiences will open up and thoughts will be reflected almost instantly in reality. Connect your feelings with your inner light and let the heart speak. Distinguishes internal and external stimuli then chooses a new way to limit the old because it no longer has a place.

Particularly heavy year

This year will be particularly heavy, but it will also be a special period to deepen. Deep in your heart, you know this is about to happen. Dream memory is opening through cosmic consciousness, so you will know what it is too. You will know in which direction to go for the increase of higher consciousness in your self-realization. This year everything will be completely different. Train yourself to travel with the light inside, which is where your true power is present and it is where a new intelligence will be born that will lead you to a suitable solution.

The new solutions

On the previous ones write those who want to stay in the old will fight against themselves and if they do not recognize this, they will not advance in their processes. Let go of the previous form. Dare to take a step into the unknown. Chaos roars like a storm outside of you and around you you usually don't have control over it just focus on what you can change.

Children and young adults

The transition will be welcomed by young people, since they have been waiting for this opening. Now they can stand up with the new power, of the new future. In this great change, many will be exposed to extreme changes. Speak from your own conviction so that others open up and connect with this intention. In all love and compassion are the connection. Take the love of your central point of balance and everything will become clear. Adonai

*I am Asthar
(via Arturo Héctor)*

ARCTURIANS

CHANGE VIBRATORY OF CONSCIOUSNESS IN 2023

Greetings

At the moment your Solar system is balanced and works in harmony through a seemingly unknown expansion and in the perception that is only created within from the library and from the abysses of the brain that does its best at each instant. Vibration that your consciousness gives to this realization and how close you are to your moment with everything that is depends on this balance that is present in its density. Your consciousness changes in that timeless now where space is. Between space in the pause between breaths.

This is a place beyond thought, where the mind Forgives reason without rhyming with neither thinking nor analysis, because construction and linearity are redundant in the void of all that is. All that will be unfolds in the present of temporality, is where a space of calm can exist, without need to know in the presence of urrender you free yourself beyond any thing that the head can create with thought is a place that only the illogical heart can understand. In every moment you approach creation, you move endlessly and without attachment, like a wave softly glowing from some sandy beach, somewhere in your world. Like a being lost in time and the beauty of the Cosmos, you gently sculpt the design of your still unknown purpose of your new landscape. The mind will struggles through the complexity of validating the New Age polarity. you move through this thought, that there is the solution for a world unstable, where the ego struggles to navigate as the Sun sets and rises in each cycle of your planet.

Surrender in these higher energies it is powerful. Feel this with your heart, because this beautification is not in the need to know, because you do not require understand it. During your journey through this process try not to force yourself into your search, only let the resolution find you. Don't look to look just surrender to the magical expansion path upgrades. When have you entered this earth you were born with a unique code printed in blue. In anywhere in this Universe, there is no other soul that can match the unique encoding you have. The codification that you carry allows you to reach to everything you need to find the joy you want in life. When slow down through the years or decades you will finally be able to look and know that you are closer to the house of your inner home and to the magic that you really have that it has always been under your nose at all times. The codes that you've had all along in every expansion, have lit up with Triumph every build while playing in your life. The expansion is not in seeking or creating friction against the current, to find validity in about who you are or about striving to succeed. When You can finally see what you've had. Every time you become that piece of God that makes you different and special in all that you are, and in what unknown of your creative being. You do not need to compare yourself with any being of the dimensions superiors or anywhere in the Cosmos. In the broader panoramas of the high levels, the comparison is redundant in the whole variety is important and includes all the smaller parts.

In this at this time, no group or council can ever be as superior and perfect as you, then let go of what you are not. You are creation itself in your imperfection there is more perfection than mental efforts to climb to realities that are not the truth that is in the heart. Allow yourself to be yourself stop fighting for the more complex response in everything you do through the seconds hours and days of each period that comes and goes, have the confidence to create with this magic. Detach yourself of the time you dedicate

to the search for answers and without reason or attachment surrender yourself to the magnificence of creating you. Enter and venture where the answers they will grow like the flowers that germinate in the unexpected deserts and in the impassable and unexplored cliff edges of mountain peaks. know yourself, yourself and everything will be fine. Your imperfection is perfect. When you close your eyes and practice with your being is where you will find your answers. stop looking at yourself already you are all You will be.

We love you and you

We are eternally grateful

We are the

Arcturians (via Alexander Queen)

UPDATE TO CONTINUE ON THE PATH OF TRUTH

Ashtar Sheran

Dear brothers and Sisters. I am Ashtar, the commander of the forces galactic. I am communicating on behalf of your Galactic brothers and sisters, who do not conform the federation adjudicated by humans. We all work on the liberation of Mother Earth and yours too so that you continue on the path of Truth.

The alliance must begin the real revelations. You will have to put aside the use of the excuses that suggest that Humanity is not ready. The process of liberation of Mother Earth is still underway. So far not yethas arrived, due to delays related to your passivity and expectations for someone else to do their jobs.

My dear brothers and sisters, all of you are responsible for creating the New Earth. They keep forgetting that they have come here to rescue this planet. Has arrived the time for them to discover their true identity, since they are stellar souls, who have traveled to this Galaxy with the decision to eliminate the entities negative. From heaven my crew and I will continue to help Humanity to keep the planet safe, however the rest is up to you, because all have come to Earth as volunteers. Your direct responsibilities are the rescue of this and other planets, galaxies, universes and much more to cosmos level. Now mewould like to share our latest Venus operation 2, since we have spent about six months of Earth time stopping attacks by hostile forces that have tried to create a new illusion holographic over the entire Milky Way Galaxy. They sent forces to help the corrupt souls residing on Earth. we will not allow them succeed in creating an illusion zone in the Matrix, to prevent its release and that of this entire Galaxy.

Time it is also part of 3D. It serves to keep people disoriented and confused. the inhabitants of your planet, about reality. all structures surroundings that you see on a daily basis are a reflection of lower vibrations that are not compatible with the high frequencies. All this will have to cease to exist when they pass into 5D.

Via their souls have seen and experienced advanced worlds from far beyond can you imagine please get out of the Mirage and focus on reconnecting with your

soul During meditation, when you are in the stillness and silence inner, you can sweat this connection. They do not need to be rescued by us. You can do it yourselves. Humanity is strong and has the Same skills that we have. Don't be a victim, be a warrior. You may invent anything you want, both for yourself and for others. you are stronger about you think. The divine continues to break the paramnesia and they loom changes. Please don't waste your power analyzing the why and the who just follow the divine flow. Always stay in the now. Nobody can stop what is coming to Mother Earth and what has already happened in our reality.

Brothers and Sisters, we send you our supreme love. (*I am ASHTAR SHERAN, through Elena Velásquez*).

PLEIADIANS

THE CLEANING STORM HAS BEGUN

Greetings

Light headlines right now. From heart to heart and with infinite love, we come to speak to you about the cleansing storm that is taking place for the restart of life. All the truth awaits you in your heart. We hope that in this transmission you feel our Light and Love, because the information that we bring you is not of a negative nature, it is quite the opposite. Surely, you have already heard about the storm that the Awakening of many is generating and that it is of a positive nature.

At a great rate per minute and without destruction, it cleanses your World and leads you into the restructuring that is occurring on Earth at this time. Through the more refined energies of the fifth dimension that are now being grounded on your planet, the entire Earth realm is undergoing a cleansing. Now the waters, animals, humans and much more, are being cleansed through the planetary cosmic portals and individual souls, to break inside the barriers of illusion that they have sustained until now.

As this occurs, you have begun to express all the new energies from Source in the Creation of the new Earth, the new Humanity and the new Self. At this time your true Self, or we could say your own spirit, is coming online to emerge from within you as the fire of the spiritual energy of the Divine. From now on on Earth, the inner spirit of humans, animals, plants, waters and other beings will emerge within a new octave of the existence of all that Is. Then, when you perceive what is happening around you, do not forget that you are going through a storm of Light that allows the Sun to shine more. Right now love, peace and joy are being created through you so that you are brighter.

At this time you are doing exactly what you have come to do in this world, anchor the light of Source. Through the new waves of light that are coming in, a new chapter for you will begin in this now. Through a new and unique form of expression in a new way of life of love, peace and joy for you and all humanity. You must understand that this reset of the Universe will serve you to be love and to believe in what you will see when the evolution that will include mother earth and blow everything up will allow for a different result, such as the reset of the currency. Global all over the world. During these times you are destined to be worthy of this reset, as you are one of the main pieces of the puzzle.

Therefore, you will fall at the right place and time. Obviously we are not talking about months or years, but about the next few days.

At this time you are doing exactly what you have come to do in this world, anchor the light of Source. Through the new waves of light that are coming in, a new chapter for you will begin in this now. Through a new and unique form of expression in a new way of life of love, peace and joy for you and all humanity. You must understand that this reset of the Universe will serve you to be love and to believe in what you will see when the evolution that will include mother earth and blow everything up will allow for a different result, such as the reset of the currency. Global all over the world. During these times you are destined to be worthy of this reset, as you are one of the main pieces of the puzzle. Therefore, you will fall at the right place and time.

Obviously we are not talking about months or years, but about the next few days. Billions will be affected and benefited by the global currency reset, as it is not an isolated piece in their individual reality.

Nothing and no one can interfere with the release of this miracle. Anyone who makes such an attempt will at full speed be neutralized from our end to prevent the change from rounding up further.

With this neutralization, the dominoes will fall one after another. During this period of this fall, wave after wave will roll through the Here and Now, finally arriving at the moment of the restoration of the global currency. Allow yourself to visualize the movement of this light show, so that you can keep your patience as you watch the outside world break away from your way of thinking.

This is how you will gain an understanding that will help you move past the old mental interference. In this and that moment that is fast approaching once again, allow yourself to turn within so that you hold on with the stillness of your heart and can remain filled with joy. At this moment the expectation of happiness in their lives will culminate through the Sun, which governs and lives in their solar system, the exhalations of the Light of consciousness will crackle in their thoughts. Simply share through your breaths these inhalations and exhalations of the Sun that brings to your lives and to the entire Earth the light of Beyond the Known, in scientific terms.

Although current science calls this type of knowledge ridiculous, due to the orders of those who know the real benefit of the Sun, they no longer want this truth to be shared to keep the mind of Humanity asleep and closed. This is why stories in the media are believed to instill fear and a negative reaction to the intelligent rule of sunlight so that everyone stays indoors. The light of your star offers you life, reads your needs, knows when and how much joy you need and consequently radiates the energy that a majority cannot process for their growth. Although current science calls this type of knowledge ridiculous, due to the orders of those who know the real benefit of the Sun, they no longer want this truth to be shared to keep the mind of Humanity asleep and closed. This is why stories in the media are believed to instill fear and a negative reaction to the intelligent rule of sunlight so that everyone stays indoors. The light of their star offers them life, reads their needs, knows when and how much joy they need and consequently radiates the energy that a majority cannot process for their growth.

If sick and healthy people spent more time in the sunlight, they would literally never get sick again. They would only feel great joy. However before you do this,

always keep in mind that because you are different on an individual level, everyone will experience it in different ways.

If you decide to do it, try to do it at dawn, in the first two or three hours. The heat from the Sun that they experience is caused by the pollution of the planet. That is why some, regardless of the time, experience headaches and dizziness during their exposure to the Sun.

The ultraviolet rays of the Sun are not a bad light for you when they penetrate you through the covering with which you adorn your body. His light pushes help you with the release of all negative thought-forms.

We ask you to take care of what you consume. Also try to spend more time in the Sun. Gradually increase your stay in the Sun, so you can see the changes you experience during the further development of your consciousness and intuition. Due to the activation of your latent DNA, you will notice that your need for food begins to decrease. Through the absorption of vitamin D from the Sun, you will also experience increased immunity and many more benefits to your physical body. The benefits of the light of your star and all the others are magnificent and infinite.

You are already aware at this time that your sun is changing, as it receives new energies from the Great Central Sun of your Milky Way Galaxy. As never before, through these irradiations your Sun is more and more powerful. It brings to you and to Earth the immense changes that are depopulating your consciousness and life from the physical garbage that has filled your bodies. As you receive and are filled with this powerful new Light, you go through some very difficult times on the level of your bodies. however, if you kindly decide to receive the change that this new light brings, your being is prepared to be transformed by the true energy that your star. This light allows you to place your love for your goals in the Here and Now. They then transmit them over the Earth and pierce the shadows that have been placed by the dark. Do not worry when in the World you perceive the foci of the shadows. Remember that you are Love and whoever is. You are now transmitting the brightest light that emanates from within. The Pleiadians, through the truth, can change your life.

Potentials and diplomacy emerging from the mythical year of 2023

Ashtar Sheran

Family greetings. Being here again is good, why is this year Mystic? Dear. You are truly mysterious beings and carry transcendental baggage like no other in this Galaxy. It is not because you are better, but because you have dared to choose without reservation, to participate in this experience in a way that many have not wanted. Is there any question why they are being so assisted especially in the last 26,000 years? you are mystics, you are bearers of the Charm and the magic of all a light and transcendental wisdom. You can easily adapt to the various waves of energies that hit you. You can easily resist in the most difficult or tenuous experiences. Despite everything you can stand firm. I know there is a lot to align, but you have already come a long way and when

you come out of this experience, you will be able to see what you have achieved.

While you are in the experience, no matter how awake you are, you will not be able to see the greatness of it. We are calling you all to this deeper alignment for greater responsibility in your stay on earth for the need to be yourselves in truth, mastery and love and of course obviously in magic. In this year you will rediscover your innate magic, allow the magician in you to be reborn, as it will bring you back to the old and transcendent memories of your amazing mystical stories. Allow the shaman in you to show itself this year. Let the priest or priestess begin their anchoring work so they work with the highest white magic. The year 2023 is the time for your income to increase your inner strength and contacts with us that will awaken more to the magic that is within each of you. You will be protected by your unique strength of wisdom that you have acquired along the way of your many lives. This increased contact with us will inevitably stir your inner being and like a bear coming out of hibernation, you will come hungry for the mystical being that you have always been. Of course you will experience resistance, but this is a part you are used to by now. You will also cause resistance in those who are not part of the process and do not accept the change, however nothing will stop your progress. You already know that due to the strength of the magic that you carry, it is inevitable that those who seek to live by appearances will fall.

It will be more and more difficult for them to live as what they are not and in what is not the truth. The innate soul will demand the truth and it will become untenable to keep any mask, therefore we keep telling you to allow yourself to let out all the shadows within you. So your vessel is completely clean and the light that is already present access you.

Those who experience fear will feel more welcomed by the light that will come down to the surface. For this reason, we count on you, the mystics, since like the antennas, you will receive and guide it. The others will look for you more, because the emanation of the magician, priestess or priest, old Atlantean and Lemurian, Egyptian, spiritual sorcerer that will come out of you, will be like an attractive aroma for them.

You will hear that many say to you: "there is something different about you that catches my attention". The rebirth of the mystical being that you are will naturally give you more security and even enable you to help those who seek you more.

There will also be more exposure of those who still operate in the darkness of misunderstanding. It will be difficult to keep it hidden, when the dynamics of the Earth increase and the reflection of the lights becomes more intensified, the truths will reveal themselves. Of course you will be even more intuitive and your capacity for discernment will increase much more. The wolf will be the wolf and the lamb will be the lamb and they will be easily distinguishable by you.

We recently fed a lot of information to the channel, about all the ongoing moves of the 2023 potentials and emerging diplomacy. This channel is a direct spokesperson for Command to ASTHAR, making it a direct source of information and support from us to you on the surface. An assignment that the Channel does not like to talk about much, so as not to be interpreted as arrogant or vain.

Now we will move on to a broader context about the prospects and what will happen in the World in 2023, as we expressed in another message. Everyone is

entering day 1. A moment that represents the whole year. You are entering a cosmic period in which there will be a greater acceleration in the processes of karmic burning. Inside the Earth there is a lot of movement. Some volcanoes will erupt. There will be greater turmoil on the ocean floors. There will also be a massive increase in sightings of Federation family starships. In your dream states you will have more contact with them.

In 2023 they will enter a Galactic zone, which will initially facilitate contact at the energetic level in their dream states and in certain rural areas. In this year, many people will begin to see what they have been running from for so long, that is, they will observe some shadows that they have been keeping. They will have to face them, because they will start coming from within and there will be nothing else they can do. Therefore, you will also perceive that many more people get angry because they have had to look at them. In relation to the global control of negative forces, we will say that people will begin to at least open their eyes a little more about the information that appears in the mainstream media. with respect to some governments. In other words, it will increase discernment in people.

Everything that has been happening in the World is a call for people to look within and perceive their own darkness. What is happening and will happen to you is part of the GREAT CALL, so that you look deeply into your inner shadow. In this NOW, we are looking at the divide that has formed at the political level, and in these two great extremes, is the opportunity for both sides to look at themselves and within. This looking at yourself includes everything that is happening now around the world on an energetic level. Each of these processes is happening throughout the World, through its specific themes.

So 2023 will be a year in which, in a good way, light workers and warriors will need to be more focused on themselves through the heart. This is how you will not be carried away by the influences of the collective unconscious, which will naturally become the collective consciousness, because you will have to see the shadow that will begin to emerge. We are here to support this movement, but as a warrior and lightworker, you are the one on a mission to bring the light of consciousness to Humanity, to shine upon all the negativity of darkness.

That is why they must reach that responsibility at the level of consciousness, because it will not be about who is right. This call that we bring you to reach the balance and harmony of spiritual consciousness is for you to carry out your internal work. This is a process that we have mentioned to you for a long time, so you can jump forward and continue your contact with our spaceships, as there is no other way for you to do it.

In any case, 2023 will be the year in which they will be called to this spiritual diplomatic self-responsibility. This is the year for you to look outside a little and look a little more within yourself, as it is very important that you navigate the movements of the media, which will continue to try to bring a little Chaos and despair through various illnesses, but they will not have the strength they have previously had.

All that is being spoken is a call for your behavior as a lightworker, even if you affect the duality of politics with your setbacks. Know that it is not about duality, but about looking within yourself so that you can choose how you want to vibrate, what planet you want to create and what country you want to live in.

With this, we are not at all saying that you should not defend what you believe in certain social levels, but rather that you, being a worker of the Light,

especially should behave and act daily through a spiritual current that supports you. So this call is for you to direct a special look within. Your eternal discipline Will become mandatory and its call will resonate in a way that you will Inevitably ignore. Those of you who are therapists and work with the energies.

Prepare yourselves, harmonize yourselves, take great care of yourselves, because in 2023 the flow of people that will come to you will increase. It is all occurring naturally dear ones and as predicted as we continue to descend with our fleets into the lower orbits we will continue to send you our many signals of support and direct action. Stay harmoniously determined. Also understand that as much as it all seems out of place, it is part of the game. The "out of place" may just be a matter of angle or perspective.

I am the voice of the Ashtar Command and I speak these truths and so it is Blessings of Love, Light and Humanity

I am your brother Ashtar

(via Rafael Neva Gabriel)

FIRST CONTACT ASHTAR COMMAND

Greetings from Command.

We are the transition team. We come in peace and joy to make more direct contact with all of you on the surface of the Earth. We are the group in charge of bringing greater tranquility at this crucial moment in its history through three very essential points: love, diplomacy and wisdom. You who are reading us and listening to us in this now You need to be anchored in this truth and unconditional love. In this now you are in a kind of laboratory where you have the opportunity to prepare more effectively for the first contact with us. In your skies you have been seeing many of our spacecraft and this will increase considerably in the coming months.

Although we have the potential for such an event, we cannot say precisely what day, month or year we will be able to do our first global broadcast. However, we can say that you are already preparing for it. We do not want you not to wait anxiously for our arrival, but rather that in your daily life you make your life happier and more uplifting, since this will inevitably bring us closer. Look with love and have compassion for all your fellow men because this will benefit you all with the wave of love of the Cosmos, in which we if you are immersed.

In your World, in recent times the negative beings have tried to create more chaos, to paralyze you through spreading fear, by announcing wars, diseases and other distracting information in various other ways, as they wish to turn them against each other to weaken them. In the command to ASTHAR, we, the branch responsible for their transition, emphasize that, at the Planetary level, the days of these beings are numbered. On the surface, our representatives are ready to take new steps when our Primordial Creator (GOD) authorizes. Until that happens, in your daily lives do the best you can. Remember that your responsibility is to be the bridge of true love on Earth.

Do not deceive yourself or people with your limiting beliefs, but rather have the humility to recognize that there are things that need to change within you. The first step to recognize this need for adjustment is to go within yourself to seek your own internal reform. You have the immeasurable support of all of us.

From the command, we make sure every day that you can do your job with peace of mind. This includes your private matters from other times that come up for the necessary calibrations that will detoxify you by the time you first contact us. Inner Earth family members, when physically appropriate, will be the first to contact you through their dreams and memories of other times together. But first, you must do your own internal re-calibration work, something that we have been emphasizing a lot through our messages. It is very important that you do this inner work, so that you can also expand your discernment, because there are wolves in sheep's clothing that will try to take advantage of the chaotic moments that will be activated, when our presence increases. Many people are afraid, because of the roots of the old negative propaganda against us on Earth. There are many certified channels that transmit our messages, however there are also others that have created arguments to further confuse them with supposed communications with us. It is important that you are aware of the vibration of the truth of love that is carried in these communications. We of the ASTHAR Command currently manage all areas of your planet where there is confrontation.

24 hours a day we monitor environments where the negatives store their nuclear weapons. The Creator (GOD) has decreed that none of them will be detonated for the damage of their souls. Its use has been completely stopped. As much as the media continues to show such threats, remember that we hold the keys, not them. This is a chess game that requires a lot of patience and commitment from you, our representatives on Earth. We speak on behalf of all the Confederates who are currently watching over your planet, since we want this cycle to end in the best way, since it should be so.

First contact will soon arrive where we will move further into low earth orbit. We are being authorized to telepathically contact some of the pilots of their planes and soon we will begin to make more flights close to their planes and we will give them more signs of our presence. Your armies and agencies that monitor your airspaces are well aware of our presence, and they also know that we come in peace. The mere fact that we are here obviously goes against certain interests regarding domination and control over you. But this time is coming to an end.

2022 has been the year in which they have been able to have the most evidence on us and D1 will be the next marker to be reached that will allow us to move our fleets closer to the surface. We will increase crop circles and manifestations in your dreams, as well as in your skies. The most important thing is that they will feel our presence more within themselves, in their hearts.

We are The ASTHAR Command and we end our transmission by thanking all of you for your courage to continue raising the flag of Peace, Love, Brotherhood and in the Cosmos.

In love, light and humanity.

We are the ASTHAR Command

(via Rafael Neva Gabriel, Command ambassador to Ashthar on the surface)

There is a need to abandon the rationalization of information in order not to fall into mental stress, since you will only be able to decipher the message if you are mentally calm. Most of the information is encoded and directed to the AWAKENING of humanity on the surface and on the subtle planes. When you are centered in the heart, you will be able to understand the energy of these messages, even if the rational mind cannot understand the meaning of some terms used on the higher level, it will be able to understand the energy of them.