



SPIRITUAL MESSAGES OF LOVE AND LIGHT

I MOTHER MARIA

APPROACH IMPORTANT MOMENTS GREETINGS

I bring you blessings of my love and peace for your bodies mind and hearts in these times of great importance that are living at this time on your planet. The vibration is increasing as negativity becomes increasingly evident and the temperature is oscillating between the ends. This is a time of total purification, a period in which you must be aware of everything inside and around you so you can transform into light to the density that surrounds you. This is also a time for you to free yourself from all the attachments of the past and it is a period for you to exercise silence. For the restoration of communication with your soul. Its souls are the guides of the new path that they must undertake for the meeting of the fullness of their being. This is a path that requires faith, discipline and much love of your heart. Love is the key that opens the door of redemption. The human being must release his conscience so that the essence of enlightenment is manifested, which is love. The more love you share, you pour more light into your mind, you clarify your nourishing thoughts your understanding, you encourage you to reach your hand to attract your equals to the My loved ones, the time of losing was over. Every moment that circulates inside is sacred because it carries with it the opportunity to change and in this now you know that the change can not be avoided. You must confront in your life the illusion thus transform these memories through love so that you can accept and change the understanding of your limited reality. Do not cedate to the facilities that the world of illusion offers you. Understand that there is nothing that is true in the universe is free or easy. Everything depends on your commitment, your effort and your conscious work through your choices that bring light darkness to your lives. The aware and responsible elections are always manifested through love and gratitude, since everything comes from the Father who is only love. Everything the Father offers is impregnated with love, although it does not always look like it. The father offers challenges and depends on each one of you to choose to live in love or in pain. Every time you choose the path of love, as the art of magic, the solutions appear and in that here the Father does not challenge you, but it offers you the best way to go. When they recognize this truth in you it raises gratitude for life, for the opportunities of change, by the courage to assume challenges. Also by the audacity to be guided by the wishes of their soul, which knows all the subtleties of their physical existence that includes their errors and successes of their multiple incarnations. Beloved, listen to their souls, immerse yourself in silence, practice meditation, transform their prayers into a powerful tool that helps them maintain their faith and determination to continue on the path of light. The time has come for redemption, then open the doors of their hearts so that the darkness dissipates

from their lives so that they take a step on fullness and restore their vision of the new world and with it the true meaning of the word live. Beloved, I leave them at this moment, all my blessings on each of you as I wrap them in my protection mantle, because I am Mary, the mother's voice. With love and peace, I am Mother Mary

(through Jane Ribeiro)

II

BABAJI

GROWTH BEYOND SELF

Greetings. The spiritual revolution that is now being developed, will permanently transform this land. It will not be a temporary phenomenon, it will be a timeless event that grows beyond yourself. It grows beyond yourself because these times demand it. He loves those who fight you, because this time demands it. In this now, everything harm that manifests is being eliminated. It is delivered to the fire of God for destruction. In this world, the truth has entered the scene and is cleaning everywhere, therefore the lies no longer hold and collapse in all areas. At a socio-political level, people are witnessing incredible revelations and at the same time faces their own lies about life. In this now, everywhere you find yourself with the truth, so it is beneficial to shine with the courage of your interior as it means that you are accepting with gratitude to change this time. Everything is changing radically. Eventually everything will improve and will reign with the cosmic order this is inevitable, because this revolution has affected all human beings of this land. In this now the game has begun to turn in favour of the forces of light, therefore it has finished the gears of the old powers. You have started a new game, one for which you have prepared for many lives, then continues to eliminate all blockages so continue strengthening and opening your spiritual accesses. Some of you are still too weak, do not work enough or systematically in themselves, as they expect others to solve their problems, however remember that in this now what counts is your decision, your diligence and your courage. Do not hesitate when you want to implement something. Do not hesitate when your heart clearly demonstrates a path. Do not hesitate to keep moving with courage. With the help of God everything is possible and any goal can be achieved. Open your spiritual reality. You are more than you think you are. As I mentioned at the beginning, the spiritual revolution that is now developing will permanently transform this land. It is not a temporary but timeless phenomenon. Soon you will no longer recognize yourself or humanity. Those who follow this land are preparing the ground for those born. You are the heralds and omen of the new golden era and some will see it in this life, while others will be the children of the future. Wait with love what is coming. Accept with love what happens to you. In this now these are the true miracles that are happening on earth and within themselves. See beyond yourself and live every day as if it were the last one. The past and the future no longer know you. I love you so much.

I am Babaji

III "DOCTORS OF HEAVEN" ADVICE AND CARE

Dear. We are unity with you in this here and now. We talked on behalf of the Fountain and Mother Earth. You can all feel this love that unites us and among themselves. You have crossed a very hectic sea that has caused you emotional storms and, as you know, there have been many wars at the energy level in the invisible world. You also know that there are many sequels, more or less important, as you have learned from all these storms and shadows, all this dark night. All have been affected in their dignity, in the deepest of themselves, in their flesh and in their psyche, but in this new dawn we will help ourselves to eliminate from each part of their being to all these brands and wounds. We will also help you eliminate everything that can still generate failures in the natural protection of your Aúran movie, in your subtle bodies and inside your physical body. We will help you find you in a different way to yourself through the energy you have always characterized you, although sometimes you do not consider it inherent in the engine that drives you when you have confidence and joy. We will help you because ahead there are wonderful projects for each one of you, therefore it is important that in all the senses feel totally free of your past. You have entered a new era and thanks to these frequencies, they are purifying much more easily to everything that needs to be cleaned inside. In this now we can tell you that the new land is already present within you and everyone, they only need to sustain their gaze in everything that is to come through the detachment of what has already happened, even if they still have certain inconsistencies of the shadows, allow them to feel in themselves Therefore, with immense joy is that now we are giving each of you a treatment so that they restore themselves to the purified energy of their soul, thus allowing themselves to isolate certain substances that have been inoculated them. We will help you with the encounter in yourself from an electric charge that is compatible with the systems of your physical body. We will also help you eliminate proteins that make them suffer certain physical discomforts. This has already happened, for that we will help them to clean up these ancient processes, of course, according to the will of their souls and the source (God).

IV LORD HATHORS ENERGY MATRIX

Exercise for cleaning care :First we will work on the central nervous system of each of you support your feet on the ground firmly. Now place your hands on each of your ears and let us work through your fingers and your hands. You are channeling, then we will spend probes that we could call electric shocks for the transformation of the distortions they have in themselves. Now we are giving this information to your physical body the modifications will be according to the need for each one and the wishes of its own souls. This is how this process of neutralization and purification of certain programs that do not belong will take place. These modifications will allow them to have what they require for themselves, so they can completely complete with what will provide total freedom. When you feel totally, lower your hands. Thank Earth by transmitting these purifying energies. As we proceed, we are controlling in each one of you at your roots and your anchors. Maybe since the beginning of the new era have noticed that your frequencies are very different. It is also possible that you have felt destabilized and weakened what you probably worry about why you did not understand the reason. These sensations mean you're reborn. Therefore you find yourself in a new vibratory state. Then you have to get used to this new condition. When you cling to your past, you are still attached to your old state, which can weaken you in different ways. The attachment to this past contemplates that you keep clinging to the ancient habits that are mostly negative in the sense that they do not give you the freedom to be who you are. Then you must dare to reveal you to these fears that shelters inside you. If you agree with this, at this very moment we will unleash these deadlines that hold you in the past so you can explore yourself in a completely new way. Let us

know if you agree well at this very moment we can proceed in the release of all this. We have mentioned that a new life is starting for you. You will also recover your gifts and the many things that will help you change positively. Help your physical body with the advice we have given you. On a regular basis, join your soul, the source and mother Earth. We have reached the shore, you no longer need you to shake you in your boat. We have reached the bank of the new land. You are blessed.

We are the doctors of heaven

(through Kathy Henry)

Energy matrix Greetings. We are in this here and now to honour and celebrate who you are like a multidimensional energy being. Most land walkers are unconscious of their own personal energy signature and from which surrounds them. Therefore, they are unconscious of the exchange of energy that occurs continuously among themselves, with others and their environment. We want you to begin to understand that all of you, everything that surrounds them, from the smallest atom to a galaxy, has an energy matrix that connects them together with the cosmic interwoven. These networks or holograms interact with their grids or personal energy holograms. As they move in their lives, they move through many grids and matrices. We realize that, in general, they do not check or feel, or consciously read the flow of energy, and this is an important ability to develop. Once you start to feel or see the subtle vibrations even the forms of thinking and emotions that create the environment in which you enter, you will begin to understand how these vibrations affect your own personal energy field. You will also understand what your effects are in your physical body through the exchange of information that is being produced. At all times you move through these energy fields. However, most of the time you are totally unaware of how they interact with your personal matrix. You must realize that the matrix is the one that holds the employer. It is similar to a stone base that holds the glass. Your personal matrix holds your contact with this dimension is the framework of the energy network that vibrates with your memories experiences and family patterns. Your personal matrix is created from your forms of thinking, habits, emotions and scheduled beliefs. Your signature a sad energy will always be affected by the energy that surrounds you. Remember that vibrations or emotional frequencies are contagious if you enter a matrix space where there is an emotion of fear will certainly activate your own personal frequency of stored fear. A hospital or a dentist's office is the example of a space where you can experience the triggers of your own personal fear. You must be aware of the vibration that the spaces or matrices in which you move will be offered. As each human being begins awakening, it is becoming more aware of its field of personal energy. As you strive to enrich your consciousness to grow and expand, it could be said that your personal matrix becomes more extensive, brighter. It is valuable and important to be aware of your own matrix and as we said before being more aware of the networks or energy fields that surround them at each moment. This is an important job, since it is a level of consciousness that gives your conscious self a larger field. Then allow yourself but feel what will make you more sensitive to the matrices that surround you at all times. They begin to notice the energy matrix all the energy vibration that their planet is offering them, the stars the galaxy and the cosmic collective. Make your intention consist of learning, to read or listen to this energy that is enveloping you. Where do you feel your connections with the global matrix? Do you feel too big or as something impossible to imagine? Where do you feel your connection with the galactic matrix? .Permite to investigate your own matrix, grid or personal energy field. Become sensitive thus perceive as far as this matrix extends. You will realize how interconnected you are with your planet, your community, your circle of friends and acquaintances, your spiritual family and your physical family. Note how you experience your family matrix. Perceive if you triggered emotions or limiting thoughts, or if you feel expansive and tolerant. We invite you to be aware of how your personal matrix encourages them, affects and changes, when you are intoned with other fields of energy and as other matrices drag your vibrations. As they advance in their lives, be aware of each subtle change in each experience, the taste of the sensations, the emotional and mental offers of the matrix. In each store or activity there will be a matrix with which you will connect temporarily. With a group of people you will share a common matrix, which will be created by the combination of all energy fields of all components. You will develop a skill that will allow you to read the information provided by those who share the same space. Between a being and others, many data are exchanged during inspiration and an expiration

and enter through their own personal matrix, which is why it simply recalls throughout your day: "I return blessed and transformed all the energy that does not belong to me. I ask my energy to be returned blessed and transformed. " This is a soft but powerful way to keep your energy field free of the influence of others. We invite you to consider and reflect on your activities and all the exchanges that take place in your inter-performances in stores or on the street. Reflect gently on all the people with whom you crossed or have you linked. Take into account what kind of energy you have exchanged, especially with those who maintained a visual contact or talked to you. Also allow you to realize that they were also affected by your matrix, grid or energy field. In each exchange with all those who find you have the opportunity to consciously offer a higher vibration. Through your conscious exchange without the need for you to pronounce a word, you have the opportunity to trigger the awakening in another. You have the opportunity to raise and activate in another, a feeling of well-being and fullness. You have the opportunity to express acceptance and respect for the other saying quietly and simply at a mental level, I see you. The energy of this expression will raise that of the other person. Remember who you are like a magnificent being and use your conscience to transform and offer expansion to all those you know. When you declare I am aware that I am aware. When you bring to the full awareness of your matrix or your field, others also respond from their highest understanding, because it activates its awareness of those who are. When you set your intention to feel all these grids or other matrices, you observe how you respond and as others do. You will begin to consciously ride in

these energy flows. You will move with delight and joy through these energy fields. This is the place of your total synchronization with the transformation or what you call miracles. Practice with this. Beloved are at peace are the team

(through Peggy Black)

There is a need to abandon the rationalization of information so as not to fall into mental stress, since you can only decipher the message if you are mentally quiet. Most of the information is coded and directed by awakening from humanity on the surface and in the subtle planes. When focused on the heart you can understand the energy of your messages. Even if the rational mind can not understand the meaning of some terms used at the upper level, you can understand the energy of them.