



## **THE 9 LETTERS OF CHRIST CHRIST RETURNS. REVEALS HIS TRUTH LETTER 8**

<https://www.youtube.com/watch?v=6m6NcTBDuaEc>

**I have come to you again to talk about:**

**THE TRUE NATURE OF EXISTENCE.**

**The Truth of Being is this. You who believe only in the material world, live entirely in the finite, earthly world. You live in the dimension of the manifestation of your beliefs.**

Those whose spiritual perceptions and lives have been raised in their vibrational frequencies to merge with the spiritual vibrational frequencies of the spiritual dimension, may perceive that they live in two dimensions. They are fully aware of this Truth and live according to this Truth and evolve in increasingly higher frequencies of Being. You are no longer bound by human belief, but live in the understanding that you are within the infinity in which there are no limitations. The higher their vibrational frequencies of consciousness, the more aware they are that they live within the infinite and that only they set the limits to what they can aspire to.

Those whose perceptions have thus been elevated while still in their bodies have seen that there is only one dimension of the true "individual being" and this dimension is the **ACTIVITY OF DIVINE CONSCIOUSNESS.**

You can also come to fully realize that there is a dimension beyond, that of **UNIVERSAL CONSCIOUSNESS**, in which the Universal resides in perfect balance and cannot be penetrated by anyone, because within this dimension

any individuality would be immediately absorbed by the Unity of Being. When a soul reaches in understanding and realization the highest level of the vibratory frequencies of consciousness, the CHRIST CONSCIOUSNESS, the soul, can look down and review the vibratory levels as they ascend and descend towards humanity, which is on earth and know, with love and compassion, that humanity is trapped in the lower vibrations of DIVINE CONSCIOUSNESS, which are hidden within the totally unconscious egocentric impulse of the Truth of Being, which is the true identity of the soul and the truth earthly ego. Nor does he have the slightest awareness of the immense purpose behind existence and the final mission he must undertake.

The task of the newborn soul is to experience through its “sheath”, the psyche, all that these lower frequencies have to offer and to grow as a consequence of the mental and emotional events and experiences that arise from its thoughts and feelings. . The soul must learn, through trial and error, the state of consciousness that makes it either enormously happy or burdened with pain and hardship, initiating various physical limitations.

In the end, after many lives of “ups and downs,” of comfort and misfortune, the psyche will awaken to the truth of its being and realize that it has within it the potential to draw upon DIVINE CONSCIOUSNESS to receive inner vision, understanding and knowledge and to raise the vibrations of your spiritual consciousness to those of health, well-being, protection, inner growth, spiritual nourishment and radiating to others the nature of DIVINE CONSCIOUSNESS itself.

As I said before, CONSCIOUSNESS is LIFE and LIFE is CONSCIOUSNESS. Where there is LIFE- there is CONSCIENCE. Where there is CONSCIENCE there is LIFE.

EVERYTHING in existence is defined by the vibratory frequencies of consciousness. Light, sound, color, all physical phenomena, both living and inanimate, if you can change the vibratory frequencies of anything, the appearance of that thing changes, be it sound, color, gas, liquid, physical organs. When the physical organs appear to be in poor health, it is because the normal vibrational frequencies of that physical organ have been reduced and the life within the organ has been diminished.

Science presents the universe as material that has consciousness but the truth is: the universe is CONSCIOUSNESS that has acquired the aspect of “matter” as a consequence of a descent into the low vibratory frequencies of consciousness.

This is the true reality of existence, nothing more.

Your existence is all a matter of vibratory frequencies. The higher the spiritual perceptions and adherence to spiritual thought, the faster the personal vibrational frequencies in the body. Vitality is raised and the disease eventually disappears.

The scientific fraternity believes that one lives entirely within the human dimension, which comprises the solar system and the galaxies of stars. Science believes that the human intellect is the highest intelligent reference point at any time, having evolved in response to changing environment and climatic conditions and that it is purely the product of brain activity. According to science, your emotions are totally real and valid and what you think and feel is indisputable. That constitutes the only reality of existence. Normality is computed based on the average of thoughts, actions, and responses to the

environment. This is perceived as human reality. Any talent that transcends the average performance of the average mind is considered genius arising from unusual mental powers. Low average performance is considered to be due to mental retardation, due to some genetic physical cause, birth trauma, etc. Science believes that the physical dimension is the beginning and the end of existence. Science is so against any possibility of self-delusional beliefs that it will accept any phenomenon as real on the condition that it can be calculated, estimated and tested by instruments.

If you meditate on this, you will come to understand that what science clings to as fact is, in reality, simply a belief created by reaching conclusions through the exercise of your five senses.

So it is with every other facet of your existence. In your earthly dimension, events happen second after second, but the moment they have occurred they become beliefs of memories that are not always accurate. Any thoughts and feelings you have about the past are not facts but points and beliefs and are therefore not facts nor are they the Reality behind them.

This refers to every facet of your existence. The Truth is, you live in an earthly dimension composed entirely of your beliefs, which arise from your responses to what happened a hundred, a thousand, or ten thousand years ago.

Long ago people believed that the earth was flat. Therefore, according to them, they lived in a flat world and were afraid to sail the seas going too far in one direction, because there was a danger of falling off the edge of the world. For people only 400 years ago their world was flat. Today with knowledge, your world is accessible in all directions. People, in the past and also in the current time, led their lives according to the stories of the ancestors, the power of these and other legends. They believed in them so implicitly that the limitations imposed by these beliefs restricted people's actions and activities.

The dance was considered, for example, immoral and evil by certain Christian sects. Therefore, many people who would have gained a lot of joy and released a lot of stress from dancing were unfairly denied this pleasure. Religion can be classified under the same heading. Beliefs are the very substance of religion, they are based on very ancient events that are nothing more than beliefs. The beliefs may have been relevant to the widespread mentality of those times, but they have long been irrelevant in a world of continuous change, yet they are strictly observed and have become the focus of cult festivities, celebrations, mourning and more destructively come. to be the reason why men kill each other and cause terrible misfortunes to women and children. Certain religions claim that "God is everywhere and in all things," but they also dogmatically claim that no one knows the mind of God or the reasons why people kill each other. They may be on God's plane, they say. With mental attitudes composed of such a conglomeration of illogical beliefs, where can humanity in the current time find any certainty of beauty, joy, health, well-being, love?

Religious ideas present us with a "god" whose will can bring life and healing or death and destruction.

In such beliefs, there is no certainty of anything other than uncertainty.

With such a belief, any illness or abnormality can be justified as the "will of God." It is your BELIEFS that control all your expectations of what life can offer in the future.

Healthy agnosticism, the kind of mental attitude that accepts that one does not know the nature of God or whether there is a god, but that is open to the conviction brought by enlightenment, is preferable to fanatical beliefs in half-truths or non-truths.

How blind is the human race in general!!

People are like moles living in tunnels, convinced that they are able to evaluate their entire existence by using their senses of hearing, smell, and their very limited vision and touch. Thus one can descend the scale of life forms and witness that thousands of species live lives defined and limited entirely by the senses. What you may perceive as "real" constitutes your personal reality, your particular world. Every stratum of existence that is experienced by various species of living beings is different from any other within the earthly dimension. This includes the human mind which is literally possessed by religious doctrines and dogmas and locked in scientific theories and mathematical formulas. Religious doctrines have been conceived by human reasoning, in an effort to explain the teachings of spiritual Masters, whose minds have moved beyond the human sphere of intellect, entering into the heavenly spheres of perception inspired by UNIVERSAL REALITY. .

Scientific concepts are also the product of human senses that rationalize, giving names to the phenomenon examined by human sight during experimentation.

Therefore, when the human intellect is able to depart from such limited beliefs and ascend by entering and making contact with Reality, which is beyond the highest human reasoning, logic and the highest rationalizations that are called knowledge , such a mind enters the highest spheres of LIFE CONSCIOUSNESS. It is imbued with "universal truth," which is literally beyond what the normal human mind can perceive or accept or understand. The human mind cannot understand any experience beyond that provided by the electromagnetic parameters of earthly existence and the functioning of the brain, until the DIVINE CONSCIOUSNESS enters the total human system of mind, emotions and sub-consciousness, remaining afterwards revealed the underlying unity and harmony.

When totally new spiritual perceptions are presented to a mind that is religiously indoctrinated, they are perceived as coming from Satan, complete madness or imagination. This is natural, since when emotions are seriously aroused and challenged, as occurs when deep beliefs contradict each other, the magnetic emotional adhesion-rejection impulses of the egocentric impulse are immediately activated. Any thesis or proposition that causes the conditioned mind to suffer acute mental discomfort, consternation or confusion will be rejected at once and a barrage of evidence will be evoked from the beliefs of the conditioned mind to support such rejection. But evidence is only belief.

This is a totally natural emotional-mental process within the purely human dimension.

Therefore, if my TRUTH is offered to those whose mental attitudes are firmly established and conditioned by fear or strengthened by the human will to adhere to such programmed beliefs, it is simply natural that the TRUTH arouses undisciplined emotions and is rejected with certainty. violence and possibly virulence.

The above is a description of natural or normal mental-emotional activity, within the human dimension. It should not be criticized, since the conditioned mind feels completely insecure and adrift, or in a "quagmire" when faced with an

entirely new concept. These human phrases describe exactly what happens when an indoctrinated mind is challenged by a completely new perception of what was previously considered so dear, so safe, so right.

When these LETTERS are read for the first time, you can determine for yourself where you are mentally and emotionally. Are you blocked from spiritual progress by your stubborn adherence to your current beliefs? After thinking properly, can you understand that everything you are defending so strongly is just belief, irrational belief?

It is absolutely vital to your spiritual development that you fully understand the principles of your human mind and emotional functioning. You think you know but you don't understand it at all. You can only understand it by leaving it completely and transcending it, and thus you enter higher dimensions of perception and experience, entering into the TRUTH ITSELF. Only then will you begin to realize that you and all the other people in the world have lived and directed their lives almost entirely by human beliefs, not by the TRUTH.

There are many people who wholeheartedly believe that if they ask for certain things or experiences or the bestowal of guidance in such a situation, they will truly receive the object, experience or guidance that will enhance their well-being.

They believe that if they receive an answer to their prayer, they will rejoice wholeheartedly and immediately follow the lead, regardless of their current conditions because, coming from the divine, it can only be the correct answer that leads to happiness.

However, when faced with the arrival of the object or experience or guidance so longed for, he who receives DIVINE GRACE is sometimes so affected and disoriented that, unable to accept that there has been an intrusion of DIVINE CONSCIOUSNESS as he requested, and he/she doesn't know how to deal with it.

If the mind is so affected when it receives what it has asked for, unexpectedly, where is the true FAITH and BELIEF, which it so fully thought it possessed in abundance? Don't you also see that belief, not truth, has orchestrated the entire symphonic movement, with the exception, of course, of the intervention of DIVINE CONSCIOUSNESS which is the answer to prayer? This intervention is the only reality in the entire procedure, the rest is belief and hope, mental gymnastics that uses past experiences with which the present is measured. Your only TRUTH is the Divine Consciousness that only directs you to growth and perfection, if you fully trust it.

Pause here and read and reread the previous paragraphs, because what happens in your consciousness is the fabric of your experiences and lives.

So ask yourself: do you really PERCEIVE - DO YOU REALIZE - UNDERSTAND - that Reality is the source of all knowledge and creativity - or do you simply accept "lip service" a superficial mental recognition of DIVINE CONSCIOUSNESS?

Do you live fully and completely, minute by minute, in the understanding that Universal Consciousness is the only Reality and the highest Intelligence within creation?

Do you constantly depend on His supremely effective guidance or do you think you would prefer to live according to your own finite will and confusing emotional impulses?

And if you receive direct guidance to follow a certain clue, but you stop to think, if the guidance directs you where you want to go, are you fully surrendered to the highest Intelligent Authority - Divine Consciousness? Is this not an indication of that your ego is still controlling you?

Even these LETTERS, when distributed as intended, will become “beliefs” and not the pure spiritual perception of “WHAT IS” from which these words come.

Only by taking these words into meditation, asking for spiritual enlightenment, will you finally reach the Spiritual Reality that is behind these words as a ray of Light to the mind. When this happens, you will KNOW that you know.

Those of you who have evolved sufficiently to live in two dimensions, YOU, whose minds can reach beyond the realm of human intellect, to the highest dimension of Universal Reality, will probably find many people in the times to come who will reject these LETTERS as if they were imaginations, but do not be dismayed.

Remember what I am telling you now. You reside in two dimensions, and none can pass beyond the dimension of mere intellect until the prerequisites of spiritual enlightenment have been met. These are a true spiritual awakening that leads towards a deep illumination of the activities of the ego and self followed by remorse...remorse and remorse. This is the only way.

For remorse, in turn, leads to the rejection of the emotional magnetic dimension of rejection-adhesion that in its most virulent forms humans call sin. When a person penetrates into the spiritual dimension and imbibes the characteristics of LIFE, the person begins to realize and ultimately know that the human ego's impulse to defend itself actually separates the soul from the continuous influence of LIFE. DIVINE in the mind, heart, body, relationships and daily experiences.

Self-defense is a human earthly experience.

The total and sincere surrender of the self to the FATHER-LIFE removes the blockage between the spiritual dimension and the soul. The person no longer has to search for himself, all that is DIVINE LIFE now flows into the body, mind, heart, experiences and relationships of the individual. That person lives guided by instinct and follows hunches or hunches, which will always give good results in the long term.

THERE IS ALWAYS ACCESS TO THE DIVINE LIFE WHICH IS ALWAYS THERE, as long as the person surrenders their own will and returns to IT in all their needs.

It must be remembered that I am referring to the moment when you penetrate the dimension of human intellect, moving beyond your dependence on intellect and material means, to get what you want from life. Many people believe that they have reached this point of spiritual development, but they are deceiving themselves.

When a person abandons logic and KNOWS beyond a doubt that they can fully trust their intuition to achieve inspired goals, life changes. Benefits flow into your experience when you fully realize that divine consciousness is the hidden reality – the Power working behind the outer appearances of your life, moving the “force of intelligent energy” to satisfy your needs. You don't have to deny appearances, pour the power of thought into a situation you seek to resolve. The only thing you have to do is surrender your personal will and KNOW that by surrendering your limited intellect, the Infinite Reality enters to put your life in order in a totally new way, to distance you from all your supports of the past and

bring to mind a new vision for a new endeavor leading you into new areas of activity. But when this happens you have to be prepared to let it all go. You have to let go of the grip of the securities of the past and know that even greater securities of a different nature await you as you follow your inspiration.

Since the state of spiritual/human experience and harmonious well-being depend entirely on the person's ability to make real contact with DIVINE REALITY, it is essential to return again and again to the deep study of DIVINE REALITY ITSELF and the way it The egocentric impulse works incessantly within human consciousness, blocking the intuitive directives of DIVINE LIFE in the mind. Right now you are living in a bleak, painful existence instead of consciously living within DIVINE CONSCIOUSNESS and allowing IT to permeate and brighten your thinking and life experiences. You remain locked within the mental-emotional structure of electromagnetic impulses until you direct your will to consciously dissolve the fabric of your humanly conceived beliefs, coming to see clearly that your Reality is DIVINE CONSCIOUSNESS; Neither your family nor your bank account are. When you achieve this inner vision you will enter the LIGHT and the LIGHT will dwell within you.

Because of the discomfort and push and pull between the evolving soul and the human ego, which demands to appear good rather than BE GOOD and cannot bear the thought that it could ever be imperfect, there are few people who receive inspiration from sharing the with others at this time. These people will talk about the need to go through a period of inner purification. Modern people are accustomed to instant service, instant light, instant heating, fast food, drink, clothing and entertainment, and therefore they are not attracted to the TRUTH which involves self-sacrifice, hard work and total dedication towards the goal.

Furthermore, many of these teachers are earning a lot of money from their activities and must present a "truth" that sells.

If your modern teachers will speak of a path that reaches the highest dimensions through the transfer of personal mental enlightenment, the intense inner self-examination and purification of the attachment-rejection of magnetic emotions would still be necessary.

If you are truly on the ascending path to the highest spiritual dimensions, your path will be characterized by moments of great lucidity of self-inspection and self-understanding, often followed by self-loathing. This dark and painful feeling is the magnetic emotion in reverse. Where once the ego clung to its essential view of itself as the greatest and even greater than others, it now begins to glimpse the distressing fact that perhaps it is not just a little, but very imperfect. Anyone who reaches this level of development will find that they are now walking the path of true humility.

Be encouraged when you see this happening to you. You are now moving away from the remnants of past erroneous beliefs about yourself and your illusory self. Remember that it is your intention, motivation or conviction that gives you the creative power to do what you want to do.

The moment you wholeheartedly wish to reverse the normal tendency of your emotional-magnetic patterns, you have set this process in motion. If you define the objectives you wish to achieve clearly and keep them always before you in writing or in your mind, you will soon discover that the desired changes have taken place in your consciousness. When this happens, you will feel light in spirit and have moments of pure joy. You will be verifying that the TRUTH OF BEING does lead captive hearts to perfect freedom, of spiritual living.

At the same time, you must understand that your ego must (out of necessity to allow you to survive) make you believe that you are worth it to yourself and to others. Any serious external challenge, regarding one's self-worth, is highly destructive. A desperate fear and a decline in inner confidence will lead to the conviction that you are of no value to the world, and suicide may be the natural result. Therefore your progress will and should be gradual.

No one should ever expect people to change completely with words of advice or moments of inspiration. Growth can only happen gradually with one inner revelation after another.

A true insight will imbue a person's mind with an entirely new point of view, enabling him or her to begin approaching certain life-related circumstances differently. This inner vision must direct the person's actions, until it has been completely absorbed into consciousness, for all eternity, and becomes part of the evolution of the soul. For example, a man may have the idea that he will be successful in life if he aggressively imposes his will on those within his orbit. It is believed that they will hear him better if he shouts. Then you may wake up to the fact that no one likes you, and that your employees and friends shun you. Perhaps you become more aggressive because you now feel humiliated, or if you are an evolving soul you will wonder what you can do about your isolation. The moment DIVINE LIFE penetrates the psyche of his consciousness and makes him realize that he himself is turning away from the screaming people, he will have a flash of inspiration. He will understand that to be happy and successful, he should treat others the way he likes to be treated. You could argue that this insight is not necessarily inspired, but rather born of common sense, which he himself was responsible for coming to this conclusion. However, that is not the case. Egocentric thoughts are dictated only by attachment-rejection impulses. Any new wisdom comes from LOVING INTELLIGENCE.

This could be the last flash of inspiration you will ever have, but if you are truly on a spiritual path, seeking the goals of the higher dimensions, you will slowly realize that this first overcoming of the ego is not enough. You will begin to see other previously unsuspected patterns of selfish behavior. You will set another goal just out of reach at that moment, but soon with prayer and meditation you will have reached that goal as well. In this way the vibratory frequencies of your consciousness will rise and slowly advance towards the Celestial Realms of Consciousness, the Kingdom of Heaven.

On the other hand, a woman can feel secure by simply not being bothered by the status quo. He is afraid to speak up when treated with disrespect. Such a submissive person, while he feels more comfortable taking refuge in silence, will also suffer deep resentment because his passive personality is not respected. Such people often turn to religion for comfort and compassion and due to lack of understanding of the Laws of Existence, they will probably remain static in their meekness until the end of their time on earth.

Truly, because of my words remembered in the gospels: "Blessed are the meek for they shall inherit the earth," the church has taught that meekness is commendable and they may feel that their meekness is the path to the Light.

However, if the meek little woman found the TRUTH regarding her being and the correct path to contact the UNIVERSAL CONSCIOUSNESS, in the end she would be clearly told inside that she is spiritually the same as everyone else.



You will be inspired to express yourself well. You will be given the strength to speak your truth more confidently and more attractively. People will begin to respect this new person and she will be manifesting the inner spiritual development she has gained during her moments in meditation. Remember, you are not on earth to please God, as your church may tell you. You are on earth to express God and to make ever closer contact with UNIVERSAL CONSCIOUSNESS until you free yourself from the magnetic-emotional bondage.

I must make it clear that my words have been misinterpreted in the gospel. I said, "Blessed are those with peaceful hearts for they will inherit the earth."

If you look around the world, you will see that those countries with peaceful hearts prosper and live in harmony with their neighbors. Where there are riots and genocide, this turbulence is the direct manifestation of the conscience of its inhabitants. Such consciousness destroys a country and breeds poverty and disease. Sometimes a country like Tibet, which worships its own isolation, rituals and spiritual beliefs may be drowning under the weight of its own human/spiritual creations. The inhabitants need to force themselves out into the turbulent world to test their beliefs. They also bring "what is real in their thinking" to others who are charged with magnetic-emotional responses to life. They have been the means, in a small measure, of alleviating the pain experienced by modern society.

As you are walking towards the LIGHT, the Celestial Realms of Divine Consciousness, you will undoubtedly have difficult and hectic experiences until you reach your true goal. You will experience moments of wonderful joy and moments when your heart will weigh you down and your emotions drag you here and there, because you will feel that there is an impenetrable barrier between you and Divine Consciousness.

Perhaps you have heard about those dark times of inner affliction, when a person no longer knows what he should do, or where he should go. Then, suddenly, just when this spiritual isolation becomes unbearable, and the walker has surrendered his "inner self" completely, the Light will illuminate the mind and the person will see some wonderfully deeper truth about existence and perceive more deeply. Clarity your SOURCE OF BEING, then you will be filled with joy because God has spoken.

If the DIVINE LIFE has penetrated your consciousness and has elevated it to go safely along the path to reach the highest spiritual consciousness of the Celestial Kingdoms, the Kingdom of Heaven.

Therefore, the way forward is through such moments of profound revelation. These must be treasured and remembered or all the preliminary work of the "I" will be lost and the seeker will continually go back to where he began his search. Faith must be strong at all times. Hesitations are worthless. When I descend to your levels or dimensions of consciousness, I see earnest seekers of Truth elevated for a few hours joyfully giving their experience to others and then a little later doubting what they were previously so sure they had received. This delays the process of spiritual development. These moments of doubt must be resisted strongly and overcome with meditation and prayer. Well, what is the doubt, if not to tear down what you have known and believed?

DOUBT is a force of negative creative consciousness, which is directed against the same experience of DIVINE LIFE that raised your spirit high!

You create within yourself a small war between your experience of DIVINE CONSCIOUSNESS and your human blindness. You will probably destroy the memory of that Divine moment and erase every vestige of spiritual elevation and development that it brought to your consciousness. This conflict will leave you feeling fed up and discouraged and you will probably never realize that you, alone and without help, have caused this negative transformation within yourself. People, who are on the spiritual path, do this to themselves and disrupt their spiritual development, never stopping to ask themselves what right they have to relapse into this exercise of lack of control.

People use their minds recklessly, ruining their lives and the lives of others with their thoughts and words that arise from their egocentric impulse. For it is only your thought life and your emotional upheavals that end in fights and chaos, not your face, body, hands and legs, unless the arguments end in physical abuse. But even bodily conflict has its origin in the frustration of the ego, in the mind and in the emotions, which reaches the members to release uncontrollable anger.

In this way marriages, and friendships, begin with mutual joy and end in disgrace and mutual rejection, because people find it impossible to channel their egocentric impulses into ways of life that maintain love in self-expression.

Parents and children express love for each other until the teenage years, and then hate enters the picture, souring relationships as children rebel against authority and parents react with pretentious abuse. Again, there is no need for such conflict. It would be better for parents to realize that each generation struggles to define itself in the adult world and to do things more innovatively than its elders. How can young people flourish if they are shackled in adolescent captivity?

When children become young adults, this is a "time of growth for parents" who must now prepare for the next stage of their lives. The most inspired use of your latent talents, and then old age, acceptance of your past follies and mistakes, and finally a peaceful transition into eternal Light.

Why argue? Why fight? People who are totally controlled by ego start ranting hotly for their rights.

People who are spiritually mature solve problems by talking to them with empathy.

What does this mean in human terms? It means listening to the other with spoken recognition or in silence what the other person felt, or feels, in a certain situation. This is as valid and deserves as much respect as one's own feelings.

When you are caught off guard by a confrontation, in which neither of you is willing to give any ground, withdraw alone and take the time to recognize that what you are engaged in is a battle of conscience. The battle is not just the result of what really happened and was said in the moment of anger, what really happened is the result of what you both are in consciousness.

This involves your background. The conflict arises from the personality itself, from the kind of egocentric impulse that each person possesses; of basic perceptions of right and wrong; of the attitudes that each one has towards others and towards life in general. Therefore, when you find yourself involved in a conflict or confrontation, tell your rival that you are going to rest to stop and quiet your mind, so you can listen calmly.

Then be very wise. Call to Divine Consciousness. Ask for an intervention of Loving Consciousness in the situation.

Try to understand and visualize that you are both in the presence of the Light of Divine Consciousness equal in the origin of the soul; walking to the same destination; equally real, equally human and equally unique.

Until you can fully step into this understanding, into this state of mind, you will not yet be prepared to be present in the Divine Light to lovingly resolve your conflict and hurt feelings.

Go back to your opponent and suggest that you should meet and each have a full 5 or 10 minutes, in which you can calmly and clearly explain your point of view, your perception of what was really said about what the story is really about. fight, how feelings were hurt, and how the matter should be resolved.

Let the other speak first and again leave the situation to Divine Consciousness.

If there are many bitter accusations, try to calm your own ego and remain absolutely silent and calm. This will help the other person enormously, since they will feel that you are listening to them. This will avoid the feeling of frustration. Rationally understand that you are helping your opponent, but do not become "inflated" by being superior. Try to see to what extent what is being said about you is true, whatever it is if it is valid. Bite your tongue and accept it. Be content and rejoice, for in that instant you have received a moment of insight into your human consciousness, giving you the opportunity to get rid of one facet of the egocentric impulse. Every time you can let go of some of the egocentric impulse, you allow your soul more room to breathe and more active control of your personality. You also rise in vibrational frequencies of consciousness and feel a degree lighter inside. In this way you grow psychologically and spiritually. Listen to the other's feelings. Try to restrict yours and empathize with your challenger's emotions. Feel their pain, their indignation, their anguish. Put yours away and feel his. Ask yourself what would happen if someone had said or done to you what you had said or done to the other person. How would you feel? If you can set aside your ego enough to consider this, then you will be on your way to overcoming the kind of egocentric impulse that puts self above all other considerations and is unable to see any other point of view. .

Before speaking, calmly wait in silence until your opponent's ten minutes have completely ended; even if he ends early, the two of you remain silent for a while. Acknowledge, as pleasantly as you can, that you heard what he said and that you can understand why he is so upset. In that moment of self-control, understand that you have gained a modicum of control over yourself and that you have taken the first step toward healing the situation.

On the other hand, if you haven't really understood what he has told you, then you are mentally blocking out something he is telling you that you don't want to hear or receive. Therefore, again your ego is in control. Control it and invite the other to explain themselves a little and again do the best they can, to put you in their situation.

Feel their pain understand their anger.

When you have received the other person into your understanding and recognized him, his egocentric defenses will begin to give way and you will see him beginning to relax. You will both feel better.

Having done this calmly, slowly, carefully, you will then give an equally clear explanation of how you would feel in those circumstances. Do not use words calculated to humiliate your rival and thus displease him. Remember that:

- a) You are making an effort to control your ego as a prelude to unconditional love.
- b) You are working to achieve peace and understanding between the two of you, not to score points.
- c) Your answer should not end up in more conflict because of using words that he or she may dislike more. If you do then your ego has won the assault against you. Your psyche has lost.

If you live both within the spiritual frequencies of consciousness, your opponent will grant the same response of listening, thinking and acknowledging your posture as you have given him, but if he lives fully in the earthly frequencies of consciousness you may have difficulties. . Maybe it feels like you are trying to “score points” by being “holy” or superior or greater, in some way. Reassure him, tell him that it is painful to be in conflict with him. That you are simply trying a method to ensure that both of you can explain your personal point of view and reach a mutual reconciliation, rather than a superficial thing, in which hurt feelings are left infecting the mind, heart and body.

Both of you should give the other the right to agree with soft words, giving valid reasons for the disagreement. Seek the strength within yourself to recognize that you, as a human being, cannot always be right since you, like everyone else, were born with a controlling egocentric impulse that forces you to embrace and strongly defend the position of take the lead. Remember that as long as you believe you are the one calling the shots, he believes it too. Humanly he believes himself to be at least on a level equal to yours if not higher. Whatever it is that your ego makes you think about yourself and your point of view, it is exactly the same as what your ego makes you think about your opinions and ideas.

When you can bring Divine Consciousness to the forefront of your human consciousness, you will literally have received, with compassionate acceptance and love, each other's human reality within you, the negativity between you will have dissolved, and the vibratory frequencies of both will have been raised. allowing your consciousness to feel lighter and more vibrant.

Since this will leave both of you in perfect peace there is no longer any conflict. This is very important for your well-being.

If however you refuse to listen, empathize and accept with loving forgiveness the truth of the other, rejection creates an energy of magnetic-emotional rejection that joins and reinforces other residues of energetic force of rejection within the electromagnetic fields of consciousness of your entire system. Rejection magnetism reduces the adhesion magnetism between cells and begins to establish poor health.

This fact of existence is the basis of all psychosomatic medicine. People who continually blame and judge others and keep a completely closed mind about their own role in the conflict eventually experience some kind of radical crisis in their physical or emotional world. If you can observe and work with this tendency to exert control, judge others and exonerate yourself from all blame, and can then give your soul full mastery of your personality, the crisis, of whatever kind, will eventually disappear completely.

If during a conflict with another, you give time, space and understanding only to find in the other stubborn resistance in the form of a continuous statement of feeling of personal offense, then you are dealing with egocentric blindness and

the only thing that can be done is laugh, give up and walk away on the condition that you walk away forgiving and understanding his controlling ego, you may have conceded defeat but you have won a victory over yourself and have refrained from introducing negative vibrations into your field of consciousness.

The worst thing you can do to promote discord is to tell a person that “they shouldn't feel that way” or “that they don't mean what they say.” These two phrases are a gross violation of their dignity and the respect owed to the other and rejecting the human reality of the other.

You can ask another: Do you really believe what you say? If the answer is “YES” then it should be respected and the discussion should continue from this point. Never ignore what someone else is trying to tell you because you don't want to face what they are telling you. This is cowardice and scores points for your ego. Be brave and listen with both ears open, to receive the truth behind the words.

You must accept the person's reality, whether you agree with him or not, even if one facet causes you stupefaction or displeasure. Remember that you do not know the full circumstances from which that human consciousness has grown into its present form. If you judge, criticize and condemn, either way you have chosen a barrier between you and that person that will not collapse no matter how much you want to overlook everything negative about him to become friends again in the future. Without knowing it, what you reject about him will remain in your conscience as the basis of future discord that will grow and in the end will outweigh affection. You will unconsciously say things in the future that will reflect your underlying secret distrust or dislike. Instead of lovingly accepting his weaknesses and helping him deal with and overcome them, you will put him on guard against you and he will never fully trust you. Your ego and his ego will have had a secret battle of which neither of you will be fully aware. Love could turn into hate. Remember your life is a STATE OF CONSCIOUSNESS in which thoughts and feelings are deposited as in a safe. Let acceptance and love be the steel that the box is made of.

When you meet someone to whom you feel attracted out of simple friendship and you discover that there are elements of their past that are contrary to your principles, you have the option of:

- 1.- keep in touch with him, fully accepting his past, and possibly in future situations, indicate the characteristic with logic and affection, helping him to grow or if this is impossible;
- 2.- leave immediately, distance yourself from the situation until you see his problem from the perspective of loving acceptance inspired by Divine Consciousness and find him receptive to your principles.

You should never accuse a person of acting from an egocentric impulse. All human beings are driven by ego to a greater or lesser extent. Never adopt an attitude that humiliates another!

When I was on earth I urged people to forgive each other and to refrain from judging, criticizing and condemning.

The church has misinterpreted this to mean that one should please God by loving others and refraining from negative emotions.

This is not what I meant at all. There is no God who needs to be pleased by your behavior.

You are masters of your destiny, in which “you always reap what you sow.”

All of the previous pages are aimed at giving you details on how to avoid planting weeds in your garden. How to stay healthy happy and prosperous.

There will come a time in your spiritual development when you will awaken to the enormous gift you have in your head - the gift of thinking creatively and intelligently - and you will also become aware of the enormous responsibility you have in how to use it.

There are wonderful people in your world who have used their minds in such a way that they have gained insight and growth from the daily challenges of their life. Step by step, probing, analyzing, moving toward new points of view, toward higher understanding. , they form new ideals for themselves. They adopt these ideals as guidance for their future behavior. Through these means they are able to purify their thoughts, words, actions in order to redefine their way of conduct in the world and attend to their human relationships.

These are the people who reach their current position by their own works, but you rarely find that they have not drawn their strength, inner vision, inspiration and emotional stability from the highest source, DIVINE CONSCIOUSNESS, or from their perception of what they can. call GOD.

When I was on earth I told people a story, the parable of the ten breaths, I said that: “a very rich man went abroad for some time and left each of his three servants a sum of money. To one he gave ten talents; to five others and to the last he gave a talent.

When he returned, he asked each servant how he had used the money. One said that he had doubled the teacher's investment; The other said he had won half and the last man said he had sat on it, for fear of losing it. Upon returning, the master congratulated the first two servants for their efficiency and ingenuity; but he became angry with him who had not tried to do anything with the talent that had been placed in his care.

Each of you in the world has your own talent to work with. If on your own initiative you find it difficult to discover the best way to harness your talented personal resources, go to DIVINE CONSCIOUSNESS through meditation, and little by little ideas will surely come, and they will be exactly suitable for your own personality. At the same time, consider how you have used your talents throughout your life. Have you been entirely absorbed in creating happiness and pleasures for yourself or have you also dedicated time to the elevation or improvement of the lives of others?

It is terrible to have received above-average talents and end your life having squandered them on selfish lifestyles. What are the lessons that have not been learned; Whatever growth there is is valid, whatever spiritual development has been deliberately avoided are mountains that you have created for yourself to climb in your next lives. They will obstruct your path and you will have to deal with them spiritually or repeat them again in another life.

It is not necessary to open a great path in the world. Achieve progress or wealth or fame. Talents can be used as parents, seeking the best means to succeed at work; to promote the well-being of your children. What higher calling is there than to be a good loving father/mother, most especially if you take as your

model the DIVINE FATHER MOTHER CONSCIOUSNESS, which is fully directed at the growth, nourishment and healing of mind and body, regeneration of mind and body , protection of all forms and the satisfaction of every need of the mind, emotions and body within a system of law, order and unconditional love. As a father you will live up to the CONSCIOUSNESS of your DIVINE SOURCE OF BEING.

Some of the people who have made the best use of their talents have been servants, those who have cared for the children of others with dedication and love, cleaning the house carefully, conscientiously, creating a loving environment of peace and tranquility for the master. , with affection and docility, these are the great souls who have made paths that lead directly to the Kingdom of Heaven.

On the other hand, there are people who have used their talents for the purpose of destroying others to feed their vanity and the cold emptiness that is within their own heart. Ultimately the use of their own mind has led to their own destruction. Think of those people throughout history and in the present time who have led another to rebellion. They have become dictators. Then think about the possible end of such dictators. Such people have abused the privileges conferred upon them by mind power and in the end have paid the price, but not before they have ruined thousands of lives for no good reason since there could never be a good reason to turn countries into deserts torn apart by war and ruin a prosperous economy.

Think of the families where mental and emotional abuse is rampant. This is an abhorrent use of mental power, rebounding on the abuser in many many ways, poor health, illness, addictions, depression, and loss of self-esteem.

However, do not use your brain, intellect, inner vision, education as a platform from which to criticize, judge or condemn others who do not measure up to your own levels of effectiveness or goodness in any area of your lives.

At the same time since criticizing, judging and condemning is as natural as breathing to the human ego, do not try to deny your perceptions of what can be improved. To do so is to deny the reality of the evolutionary process. The purpose behind existence is to experiment and improve your experiences, therefore do not judge, condemn, or reject the deficiencies that you observe in others, but take your perceptions immediately to the Divine Consciousness and continually ask for a Divine Solution of the problem, hold on to the understanding that wherever and whenever Divine Consciousness enters into a problem the end result is always growth and development for all concerned.

Always try to keep in mind that you are on earth to bring Divine Consciousness into your daily life, your relationships and circumstances. You are here to use your mind for this specific purpose.

When I said that I have come here to help you find More Abundant Life, I meant that I have come to help you work through your emotional-magnetic captivity and to find and make true contact with Divine Life - the Source of your Being. From this contact comes increased LIFE, which transcends much more than physical life, which is obtained simply from food. From this contact comes spiritual direction, protection and a Divinely Inspired Path.

You could call this the PATH OF CHRIST CONSCIOUSNESS.

When you have perceived some deeper truth that was previously hidden from your consciousness, you must accept and rejoice that the Divine

Consciousness has penetrated your human consciousness and spoken within your mind. Give sincere thanks and treasure this gift and venerate it. Never take it for granted, or you will block additional input from LOVING INTELLIGENCE. You may wonder why you feel so alone again.

People talk about being transformed by the Spirit Within.

The Inner Spirit terminology is not incorrect. I have tried very hard to try to undo old terminology from your minds, which may have had an imprecise meaning to you. At the same time I want you to understand, that once you have grasped what I really mean (since I have been so crudely misunderstanding in the past and I don't want it to happen again), you should not be bound by the terminology itself. As long as you know what the inner Spirit really is: DIVINE LIFE CONSCIOUSNESS that operates from the INFINITE UNIVERSAL CONSCIOUSNESS and has nothing to do with the spirits of the deceased. You can use the terminology that has the most meaning for you, as long as it has the meaning that I have given you in these LETTERS.

To return to the original statement at the beginning of this new section.

It is often said that people can be transformed by the power of the Spirit.

Such a transformation is not possible. There is nothing real in a human being that can be transformed. Your soul has been taken from the DIVINE LIFE CONSCIOUSNESS and is therefore perfect. Your human personality is ephemeral and composed only of magnetic/emotional adhesion-rejection impulses.

Therefore, DIVINE LIFE must gradually permeate your consciousness more and more to force you to get rid of these gross impulses, in order to reveal spiritual reality to you. Maybe I can explain this to you better by using a parable: However, her individualized Reality now had "A girl of great beauty was kept hidden within heavy gray veils with an ugly face painted on top so the truth of her being was kept secret and few ventured to approach her because of her unattractive appearance. She became an adult and realized that the cause of her loneliness and sadness, loss of freedom of movement and health was due to her veils. But she was so used to them that she felt like she couldn't survive without them. However, she was lucky enough to meet an "enlightened mentor" from another country and he eventually persuaded her to get rid of just a veil. After a long search for his inner strength, to do so he begged his "mentor" to help him. He raised her hands and together they undid the veil on which the ugly face had been painted, and she felt much better having taken it off. He began to feel a sense of joy. After a while she was eager to get rid of another veil and again her mentor came and helped her remove it. And so it continued, the more veils she shed, the lighter she became and gradually she glimpsed the reality of the nature around her. I saw the trees clearly; the birds on the branches and listened raptly to their beautiful songs. He saw the beauty in the faces of others and began to feel the flow of love in his heart. Life was now becoming a truly divine and precious gift. Every day she thanked her "mentor" for helping her become such a happy person. Finally the moment came when she could no longer bear the last veil that enveloped her. I knew I was isolating her from an even greater light of beauty, harmony, and loving contact with other beautiful people. Although he did not know how he could manage without it, he retreated in silence to his "mentor" and begged him to remove the last veil. This was a time of agony as the veil seemed to be part of her being. But he begged



and pleaded and in a moment of brilliant Light the veil was burned. The way he stayed was his Reality and he entered into perfect inner freedom.

However, his individualized Reality had to find a way to function in the environment. This was unexpectedly difficult.

Because his perceptions of the reality that surrounded and traversed him were now so clear and transcendent that the basis of his communication with others had radically changed. He was no longer at peace in his social and work environment, nor could he continue to be a member of his community. People looked at her and said oh that's how you are and you don't have a veil! How horrible! We find you very strange, even a little crazy. They turned their backs on him.

What do you think he did? Did you long to go back to the time when your hair was as heavy as everyone else's? No. He had found such peace, joy and satisfaction of his needs, that he left the community. He withdrew and joined other souls who recognized his true identity and responded to it with love and joy.

Tell me, did her veils, her personality, transform? No. With the help of her mentor she removed her own veils when she was convinced by her mentor (THE DIVINE LIFE CONSCIOUSNESS) that it was what she had to do. By removing the different layers of veils he came closer and closer to the intimate knowledge of the Reality-Soul that was hidden by the veils (the personality). You can probably already understand that "human personality" is like a mental-emotional spider web, sometimes a dirty veil of mass interactions between magnetic adhesion/binding and magnetic repulsion/aversion. People who are spiritually evolved can see these dirty veils clouding the skin of the agent whose speech is vulgar and his thoughts focused solely on the obscene activities of the ego.

On the other hand, as a person leaves behind the levels of rude thoughts and responses, the skin begins to clear and a light shines in the eyes, while the earthly personality is imperceptibly diminishing, the body becomes more spiritualized. This is clearly visible to people who have the gift of spiritual perception. Do not be afraid of the future withdrawal of the earthly mentality. You will give up little by little with infinite relief. Your true goal in life will become increasingly clear and your determination to achieve it will become stronger and stronger.

You may argue that you are not engaged in magnetic/emotional thoughts and feelings. But often when you examine your spontaneous thoughts, you will see that you are completely dominated by magnetic attraction-adhesion thoughts and magnetic repulsion/aversion thoughts all day long. Your mind maintains an incessant murmur of comments and judgments, criticisms, desires, non-desires, reactionary feelings, feelings on the verge of resentment or rejection, desires for certain things and fears that desires will not be fulfilled, seeking success and irritation or anger. against those who stand in the way of that success.

When the ego is controlling, the one who prays does so with faith and longing. Immediately, after praying, when meeting someone, the trauma that has just been exposed to God to be resolved in the right way, sadly is aired to gain the comfort of human compassion, but the form of awareness and the strength that was gained during Prayer, petition, faith and longing are canceled by self-pity. The mind is normally a quagmire, a quagmire of conflicting ideas. During stress a person may struggle to focus on a life-giving statement or insight, but like a

playful puppy tossing a paper bag full of air, the thought is soon expelled from the mind and the stressful thinking the person was trying to avoid has returned. to seize him. And so it happens in the mind, back and forth, until the person wants to escape from the conflict.

Your internal dialogue will probably follow lines similar to: "I don't want to get up" "I don't want to make breakfast" "I don't want to make sandwiches" "I don't want to go to work" "I don't want to see this person today" "I don't want to do the laundry" "I don't want to do this that and that" ,,,

And so the litany of rejection of life continues with people totally disgruntled all day long. However, instead of mentally complaining, the dialogue can follow these lines. "I don't feel like it..." All of these feelings come from egocentric impulses that reject such activities because they perceive them as boring, uncomfortable, or a burden.

On the other hand, you can wake up and say or feel, "On Saturday I must hurry up and go to the market. There are things I want to buy. I must buy some strawberries before they run out of stock; I have to go to the sales to find some bargains; I will be nice to my husband so that he gives me money. I hope I see Patrick when I go to his office." "I want my new boss to like me" so I'll work a little harder and make myself attractive to him" "I hope my husband buys the new car" "I'm sure I can find a place to park if I'm positive" "Hopefully receive a bonus." All of these ideas above come from the adhesion/egocentric impulses: I want. You can also weave various feelings of adhesion and repulsion.

"I hope my children fall asleep soon so I can relax." "I hate when they call me asking for water and wanting me to read to them when I'm so tired but I must be a good mother and spend a little time with them I hope, that I can, I must be good mother, spend time with them." They all connect with magnetic adhesion attraction. These are the things you want for yourself. These thoughts also arise from fears, fears that more is being asked of you than you can do at the moment. Fear of failure as a mother. Fear is a direct impulse experienced by the ego that demands that you fall short of being acceptable to yourself and others and yet are acutely aware that you are not.

Perhaps you begin to see that your mind and emotions are like a war scene with conflicting ideas, one following the other so quickly, that you are completely unaware of what you are doing to yourself. Your mind is a seesaw. Your beliefs, opinions, reactions are modified according to any changes you encounter in relationships and your environment. A see-saw of likes and phobias, resentment and friendship, possessiveness and rejection. All this hustle and bustle arises from a superficial understanding of everything that is really happening in your environment at a subterranean level. You are like a ship sailing the seas. You see the sky, but you have no idea of the growth, movement and activity of life that occurs beneath your keel. This means that you may think you are relating to someone in a real way, but beneath the surface and behind their pleasant exterior you are your friend and feel alone in your presence and longing for you to understand them, and to talk to them on a more sensitive level. and empathetic, more suited to their needs as well as yours.

Take this example. On the surface it seems to be absolutely harmless, both for you and for others, but an observer will show you that it is anything but harmless. "I hope that grumpy woman doesn't go to work today" First to make such a statement, in your hidden consciousness. You have reviewed their

behavior and condemned them for the problems they cause with their bad mood. You have hung a label around her neck: "grumpy woman." You have created a force of consciousness energy with his name on it. It can't do you any good. You would magnetically, not spiritually, want her to be away from work to make your life more pleasant. In the statement above you reveal that you are totally in the clutches of the ego, you do not stop wondering if she was subject to some personality problem, some hidden illness, sadness, financial problem, which was the cause of her bad mood. The hope that it is absent has the nature of a curse upon it. If your thinking were passionate and powerful enough, she would probably pick up the negative force of consciousness energy and suddenly feel too unwell to go to work.

The same principle applies in the development of emotional tension, which leads to nervous breakdowns.

At the beginning of emotional tension, the mind and emotions begin a great race against the magnetic-emotional feelings of rejection-repulsion-aversion. A person engages in continuous thoughts such as, "I can't cope," which is a rejection and clear denial of any existing energy the person does have to deal with the crisis. "I can't stand it" also denies personal strength. "I hate what's happening to me," "I hate the person who is doing this to me," "I hate having to change my lifestyle." "I hate, I deny, I reject, I protest, I oppose, I don't deserve." An especially virulent form of consciousness (thoughts): "He'll pay me for it," is a mixture of rejection-magnetic adhesion. In reality, the consciousness of such a sentence is: "I hate him and he is going to pay me for what he has done to me." "I will do to him exactly what he has done to me." "I will make him pay."

This is pure revenge. Revenge is a boomerang that returns magnetically, conferring some type of suffering on the thinker. If this is on the path to CHRIST CONSCIOUSNESS, it will also teach the sender a much-needed lesson.

All these previous thoughts and feelings, including the resentment that kills, give rise to nervous breakdowns, even physical ones.

There may be people reading these Letters who will remember my confrontation with the fig tree near Bethany. He was hungry, and foolishly he looked for figs out of season. Finding none, I said to the tree: May no one eat your fruit again! and the tree withered to the roots, and the next day it was dead to Peter's astonishment. This was at a time when I, like Jesus, was totally irresponsible with the use of the power of my mind. And I caused damage that I regretted. (I explained the true reasons for this incident, fully in Letter 3). However, when talking to my disciples, I also used it as an example and a warning of the power exercised by the mind over living beings.

It should also be said that, on that day, he scourged and expelled the moneylenders from the temple, and harshly denigrated the scribes and the Pharisees to their own faces. All of these activities were magnetic attachment-rejection-emotional impulses. I deliberately sealed my near death through crucifixion. I knew exactly what I was doing, because my time on earth was coming to an end and, to tell the truth, I was looking forward to leaving this world. When people first take the spiritual path in search of a higher power, many are taught self-help by their teachers to engage in emotional-magnetic-adhesion thoughts to a higher degree, although such teachers have no idea that their Instructions serve to strengthen the power of the ego.

The spiritual aspirant is taught: "if you meditate," "God or the Power of my subconscious," "He will help me get what I want," "I will visualize the house I

want and I know I will receive it," "I am going to buy." the clothes I need and to have faith that somehow I will pay the bills." They focus on having faith and getting what they need and want.

At the beginning of your change of consciousness and the exercise of your faith, they really have great benefits. The desired things, yes, come into their lives, they see doors opening, they achieve success. These phenomena reveal that the material plans of your consciousness are being spiritualized, and consequently there are improvements in your lives. Life is less hard. But your lives must express all levels of your consciousness, mind, emotions and body. When you have mastered the realms of physical consciousness your next adventure in spirituality is in the realm of emotions. Therefore, suddenly, in the midst of your abundance, the wind blows and the rain falls on your previously stable emotional consciousness, creating various misfortunes of all kinds. This can be the loss of a family member or possessions, sudden setbacks of various kinds in different areas of your life, it is in these moments that so many lose their previous faith. Thinking positive doesn't work! they claim.

No, just positive thinking does not work, nor does the power of your subconscious, since it is simply a facet of your entire being spiritually.

When emotions are upset, you are being called to examine your entire consciousness, your beliefs, your feelings toward yourself and others, your faith in a spiritual dimension, even the meaning of death and your life afterward in a deeper dimension. elevated. This is a very painful time in people's lives. You are all subject to this time of disruption in one way or another.

It can be a time of tremendous inner growth and movement toward happiness or a time of developing bitterness and resentment. This is the moment to fully awaken and realize that the result of the experiences depends entirely on you, not on luck or destiny, but on you, whether working alone or working in a dedicated and systematic way together with CONSCIENCE DIVINE, finally reaching the peak of happiness.

It is also at this time that the person is challenged to use his or her mind constructively, achieving inner vision and the highest ideals with which to master emotions.

The difference between reactive thinking, which arises from responses to egocentric impulses in uncomfortable situations, and thoughtful, intelligent, creative thinking will become clear. When this occurs, and inner understanding becomes daily practice, self-mastery is at hand. Only the teachers who can guide you through all levels of self-understanding, remorse, awakening, changing mental/emotional patterns, moving ever higher, into the highest spiritual vibrational frequencies until you reach the true Understanding of God. They are the Masters of Truth, those who can truly direct you to the Kingdom of Heaven.

If the first level of development, that of seeking material satisfaction, through positive thinking, was completely satisfactory for the seekers and they had received everything they expected, the entire world would have already been converted to the belief in positive thinking.

However, this is the starting point of the spiritual path of the previously acquiescent soul, and should not be rejected or criticized. The psyche awakens to the fact that beyond the earthly dimension, there is a spiritual dimension called God, "a person sitting up there or a universal power that answers prayers."

Remember that we are talking about conscience. The psyche becomes aware that there is something more to life than the daily routine and wants to experience “what is” because the need in some area of existence: health, financial means, happiness, love, etc. is causing it to seek help. . Here we have the same emotional-magnetic adhesion at work. Wanna. However, while the awakening psyche becomes an observer of what happens in the mind and emotions, through its filtered contact with LIFE-CONSCIOUSNESS it will begin to “see” what some of the magnetic-emotional activities of accession-rejection. In the end she will be enlightened enough to turn away from the feelings of possession-repulsion and will pray for help to overcome them. It is usually at this time that the right Teacher for that soul will enter their life. If the soul has already traveled the path of life several times, then it will be some Master who has evolved enough to direct the seeking soul out of the chains of captivity of the egocentric impulse, entering into the Light.

Remember that when approaching others, you must be careful of their egos. It is their only means of survival, until they have gained a true and lasting glimpse of the Divine Consciousness and also perceive what is within them and transcendent to themselves. A source of strength, power and inspiration.

You must also realize that by being individualized in bodily form and mental-emotional activity, you are subject to the Laws of Existence. You have been given individuality and identity and infinite potential to achieve Christ Consciousness, and for this there is a price to pay. For perhaps many lifetimes (until you have been educated in the rare knowledge of the Self) you will experience the vagaries and numerous complexities of life and relationships. In many lives in the past, you may have done scandalous things that others considered “sin personified,” but these magnetic personality experiences will have contributed to bringing you where you are today, in spiritual perception. Therefore you should be able to accept that there is no sin against one god and there is no sin against others. The ego can have complete control and do reprehensible things, because the soul is still asleep within the captivity of the heavy web of the magnetic personality. If this were the case, there is no possibility of persuading such a person that he has done wrong against others. There is interior illumination from LIGHT to show you a better way to live. SHE is totally blocked by the magnetic consciousness of his ego, despite the pain that such a person will experience, (since everything he does to others will return to him in full measure and more), in the end he will question his existence, and making questions is like receiving answers from DIVINE LIFE.

I started this section by saying that people believe they can be transformed by the Spirit.

Now, you understand why I said that there is nothing to transform, there is nothing real or eternal in the personality. There is a great need to shed it to reveal the divine within. In Palestine I called this process dying to self, which has proven to be a terrifying statement. Because of it, many people have been deterred from taking the path that leads to the higher spiritual dimensions. And yes, that last step in the shedding process is truly like a death. A person loses an essential part of their human/earthly self while going through it, but the relief and inner peace that is experienced when the struggle is finally over cannot be described. Joy overflows the heart. There is true security, rest and tranquility in the silence of the mind. Finally the fight for personal control is over. The person becomes a Master. A time of spiritual rest and recovery follows.

This is later followed by entering a new dimension of being. Nothing on the human scene matters as before.

Do people criticize you? Previously, the magnetic personality would have made you feel angry because of your insecurity, your impulsive need to appear perfect to everyone, in order to gain approval. If you don't have approval, the ego reasoned, how will you survive? How would your life be?. When the voice of the ego has died down, there is no need to seek security since you are safe. You know that you are sustained, maintained, nourished, protected, healed by the consciousness of DIVINE LIFE, no matter what others think. Your joy, joy, happiness, personal fulfillment and satisfaction are all within you. The fact is that you no longer need otherness at all..

Except that you are part of everyone else, and when the LIGHT fills you, you have a driving need to offer to others, everything that the CONSCIOUSNESS of DIVINE LIFE is pouring into you at every moment of the day while you remain in constant contact with this beautiful dimension that is within you. You no longer reject the personality of others; everyone is acceptable to you; Everyone has the need for love and now you have a lot of love to give them. It is no longer a struggle to love unconditionally, it happens spontaneously. Whatever faults you have left, whatever mistakes you make in your attitudes towards others resulting from the remnants of ego that may have been left, will be revealed to you, but you are not afraid of self-knowledge, but embrace it with love and gratitude. . You discover that recognizing and accepting negative human reactions in yourself is as healthy as it is healing. You accept happily and assume responsibility. Any mistake you make and then when you have discerned it in a loving way, you let it go. You will experience inner peace knowing that you have learned something else valuable that will be very useful when you are challenged by earthly experiences again. The time for deep remorse is over, as it has already done its job of freeing you from the magnetic-emotional responses that caused you suffering in the past. You have already entered what I called the KINGDOM OF HEAVEN when I was on earth. You will find that all your needs are met and you will know that any future needs will also be supplied almost spontaneously. This knowledge keeps you in constant contact with DIVINE LIFE and provides you with an immense sense of security with peace of mind and tranquility. There comes joy and happiness and a new sense of youthful well-being. Minor ailments, chronic and even terminal illnesses will be healed and you will once again enter a new phase of existence. Every time you learn a lesson you leave something of the human dimension behind you and advance towards a higher frequency of spiritual consciousness. I am describing to you the rewards that await you when you have fought and mastered the emotional- magnetic bondage of attraction/adhesion/rejection/repulsion. It is this that initially gives you individuality, but which becomes shackles of the soul that you have to free yourself from in order to get off the wheel. This wheel is the space of your current human life, continually spinning, continually leading you toward experiences you do not enjoy. When you are finally able to transcend in spirit your magnetic-emotional reactions to life, the wheel will begin to slow down and then suddenly you will find that you are almost stopped and you will begin to experience the beautiful quality of life that I have described before.

I wish I could remove this burden imposed on you by your earthly humanity. I know your sufferings, your moments of despair, your sorrow in the lonely night,

your hours of mental and emotional anguish. As I descend into your frequencies of consciousness to transmit my messages and understand what needs to be told to you, I am aware of your earthly conditions and these words are my response to your most urgent needs for relief and healing.

Do not doubt that these words are mine. Take comfort in them and know that as you study them, they will eventually bring you a deep illumination within your soul that will cause the long-awaited changes in your life and within yourselves.

#### HOW TO MEDITATE:

When you meditate, take the posture that is most comfortable for you. You don't have to go into physical contortions. Rest and relax. Tell yourself to relax and relax all your limbs, including your head, neck and face.

I must emphasize that meditation should be - in the end - as simple as surrendering to sleep. The purpose of meditation is to allow your entire consciousness to move beyond the boundaries of intellect and reason. There are teachers who will tell you to "imagine"...whatever they tell you to imagine, you can be sure that they will not be helping you go anywhere except into new imaginative realms of your own thought processes. What this kind of meditation will give you is a relief from the thoughts and stress that your ego pressures are creating. In the world of imagination, the ego may or may not be inactive.

Before beginning the meditation, prepare yourself, fully realizing that you are about to contact DIVINE CONSCIOUSNESS both within and transcendent to your consciousness, therefore SHE is also out there and around you. Visualize exactly what this means.

Remember, at all times, that what you THINK about is what you are tuning into.

I have come now to help you find the most abundant life and infinite joy. Your thoughts are rays of light that make contact with what you are looking for.

Remember that each thought has its own vibrational frequency in consciousness. You must believe this, because it is true. The more spiritual the thought, the higher the vibrational frequencies. The forms of consciousness that are expressed in words are not visible but are specific entities of being. They have the life of consciousness within them. They are magnetized by similar forms of consciousness. Two similar things attract.

Think "dog" and visualize what it means and your thoughts become in tune with the canine species.

Think UNIVERSAL CONSCIOUSNESS or DIVINE LIFE with an understanding of what it means, and your thoughts will turn to UNIVERSAL CONSCIOUSNESS to DIVINE LIFE.

If you have fully understood everything I am trying to tell you, you will know that your meditation will reach its goal.

Become aware of this and you will find your faith strengthened.

Your faith remains weak, because you only magnetically aspire or desire to "want" to tune in to LIFE-CONSCIOUSNESS, because you want to derive some benefit from exercise.

Don't you see how "earthly" such an approach is to THE ONE WHO GAVE YOU YOUR BEING? Is that reverent? Does it correspond to a person who is looking for true contact and hopes to do so?

While INFINITE UNIVERSAL CONSCIOUSNESS is not the mythical God above as described in the Old Testament. It is the Infinitely Powerful Reality that is present everywhere, manifesting Its own designing, intelligent, evolutionary, loving effect towards all that It has brought into being.

This is what you have to understand, that you are finally going to approach while you are still on earth, when you reach the higher dimensions after your magnetic emotions have been dissolved, not only from your mind but also from your subconscious and of your solar plexus, first of all you will be getting in touch with the DIVINE LIFE-FATHER-MOTHER that is always active within your entire system and the universe.

Remember that IT is in balance within the Infinite Universal Dimension and active within the world.

The Father-Activity sets the objectives. The Mother-Love directs the way in which plans will be developed to promote the highest good of the one being guided, healed or protected.

(An endless number of people will say that these statements mentioned above are pure imagination. They can mock as they want. Those who manage to make contact with the CONSCIOUSNESS-FATHER-MOTHER-LIFE-another name for the DIVINE LIFE CONSCIOUSNESS but indicating its double qualities, will verify that the aforementioned is an accurate description of the spiritual evolution that follows such contact).

Returning to your meditation:

First of all, before trying to enter a meditative state, memorize the following prayer, so that the words become yours. When you are perfectly relaxed begin your meditation with this prayer and read it slowly and visualize the meaning of each word, to allow yourself to enter the awareness of the word and let the energy of the awareness of the word enter the depths of your being. While you say this prayer, your eyes should be closed and your eyes raised between the eyebrows:

FATHER-MOTHER-LIFE, you are my life, my constant support, my health, my protection, the total satisfaction of each of my needs and my highest inspiration. I ask you to reveal to me your true Reality. I know that it is your WILL that I be fully enlightened so that I can better receive the knowledge of your Presence within and around me. I believe and know that this is possible. I believe that you protect me and keep me within perfect LOVE. I know that my ultimate purpose is to EXPRESS YOU. As I talk to you, I know that you hear me perfectly, because you are the UNIVERSAL LOVING INTELLIGENCE, which has so wonderfully designed this world and made it visible. I know that by asking YOU to speak to me, I am sending a ray of conscious light to your DIVINE CONSCIOUSNESS and that by listening to YOU you are penetrating my human consciousness and getting closer and closer to my mind and heart, which become more and more receptive.

I entrust my life and my being to your care.

(Each time you say and visualize this prayer, you create a form of spiritual consciousness that will become stronger and increasingly higher in vibrational frequencies, as the true meaning of the prayer deepens in your mind and heart and your perceptions are elevated. ).

After prayer, relax more and more deeply and let your mind go blank. If thoughts intrude, gently recite, DIVINE LIFE or FATHER-MOTHER-LIFE to yourself and quiet the mind again. After many months of sincere meditation, you may suddenly feel your body jerk like a person who falls asleep and then suddenly wakes up. If this occurs, be grateful that your consciousness is



penetrating the barriers of the previously created forces of consciousness that encapsulate your soul.

When you feel that you are entering a deep state of consciousness, so deep that you barely breathe, you should be sure that you are beginning to achieve your goal. At the end of the meditation, always be grateful and happy. Remember that nothing you can think, say or do in any way can reduce all that is Father Mother Life Consciousness. However, any type of disbelief will form a barrier between you and the Father Mother Life.

I want to warn you: that when you try to quiet your mind and thoughts, you may feel physically upset, uncomfortable and even distressed. This is because you will initially hit a black wall of your own consciousness and this can be extremely disconcerting and even painful. I came and I have come now to help you find the most abundant life and infinite joy. Bless the experience and ask FATHER-LIFE to penetrate your consciousness the next time you listen.

Then get up and leave the experience behind.

When you see that, finally, you enter into silence, rest in balance knowing that you have already entered into what could be called the most sacred of the sacred, because you are finally managing to contact the FATHER-MOTHER-LIFE within you. It will take time for this highly spiritual experience of silence to become a daily routine.

Remember that you have a lifetime of ego baggage to unpack and dissolve.

Whatever you feel or understand during your meditation, when you come out of it, expect to feel a difference in your life. Remember that expectation is a form of awareness and as you wait, the way is opening for it to be magnetized into your experience, whatever you need or what you are dealing with.

If you do not feel any new lightness of spirit, despite your sincere expectations, do not deny the changes or doubt their possibility.

Remember that your consciousness is electromagnetic, of the same substance as your physical body and is the basis of all the experiences of your life. Keep waiting, as you do so you are building the power, the energy of your “forms of consciousness-expectations” that will attract into manifestation everything you are waiting for. The Consciousness-Father Mother-Life can only be magnetized to your individual consciousness through faith, sincere hope and the availability to open yourself to the purification of the magnetic-emotional-adhesion-rejection impulses.

Keep in mind what I have told you. That you are subject to ups and downs. When you are in the lows, the flow of Divine Life in your system has been lowered and the vibratory frequencies of your consciousness also lower, therefore contact with the FATHER-MOTHER-LIFE consciousness, during these moments at the beginning of your search is almost impossible.

In the early days of your search for TRUTH during meditation, you are very much in touch with your subconscious and you will find that there is an irritating resurgence of your old negative thoughts and memories that you thought you had overcome.

When you enter the “highs,” you will find a resurgence of your spiritual being and you will rejoice in this. Your meditations will be more positive and productive in contact with the FATHER-MOTHER-LIFE consciousness. If you have the courage to persist and exercise self-discipline during the low times as well as the good, you will eventually find that the lows will be less low and that any previous state of depression will disappear.

Remember that each moment of prayer awareness brings you closer to your goal, although you may be completely unaware of this. Even though things are happening for your greatest good, believe in them. When I was on earth I said:

I have come to give you freedom.

I have come to bring you MORE ABUNDANT LIFE.

The secret to your tiredness, exhaustion, lack of coherence, instability, fear, hopelessness and depression lies in your magnetic-emotional adhesion-rejection responses to life and the subconscious patterns that sometimes take over and project you into situations you never thought possible. you had intentions of creating. Because of these natural impulses of individuality, you are certainly not free, you are under the control of magnetic-emotional captivity both in your consciousness and in your unconscious mind. You live in the grip of the ego, which has given you individuality and bound you with shackles of emotional responses to life.

However, the time comes for the sincere and fervent seeker, a person who gladly follows the path of CHRIST CONSCIOUSNESS - THE WAY OF CHRIST when he meditates and penetrates the magnetic-emotional areas of the brain, to receive an illumination that is engraved within the higher areas of the brain under the skull. New cells are engraved with new knowledge. This is an ongoing process and you will probably feel this opening happening in your brain. Now you begin to operate more and more within the super-conscious mind that is increasingly in contact with the FATHER-MOTHER-LIFE CONSCIOUSNESS; until the time comes when you can no longer stand the ego thoughts and feelings that dominate your consciousness on a normal day and you die a death of total self-surrender. When this happens, FATHER-MOTHER-LIFE CONSCIOUSNESS will fill your vision to the exclusion of everything else. You will be entering the frequencies of consciousness that I spoke about on earth THE KINGDOM OF HEAVENS. This phase will be characterized by a gradual withdrawal from the kind of life you previously enjoyed. Your thoughts will become increasingly purified and you will find yourself responding to situations, events, and people more impartially. As long as you can be more or less emotionally warm or cold than before, you will already be in the first waves of what is called unconditional love and you will do everything to promote the highest good for all, which means their growth, nourishment, healing and fulfillment. of their legitimate needs within a system of law and order. You will love more deeply than before, but there will be none of the human sentimentality that can cause so many errors in communication with others.

When you have gained true inner knowledge, you will be able to transcend emotional baggage, you will be able to meditate and be inspired by FATHER-MOTHER-LIFE and you will feel new energy entering your system giving you new optimism. You will laugh, you will be more playful, you will find happiness in the little things, you will love the world, you will feel overflowing with gratitude for every small blessing that comes into your life, you will see the blessings multiplying in your experience and filling your daily path.

How does the person who has achieved liberation from the ego behave? Finally such a person is totally free from fear. You will have the absolute conviction that wherever you go, you are protected. Although you may go through potentially dangerous experiences, you will emerge unscathed. You will know that you do not need a sword or weapon to protect yourself. You are protected against all negative eventualities wherever you are. You will not fear illness because you

will know that every resource built into your system to keep you healthy is fully operational and working effectively.

You will know that you will never need the things that will make your life happy and comfortable. He will continually praise and thank the FATHER-MOTHER-LIFE for all the things already received and those he will receive in the future.

You will know that you are being guided to be in the right place at the right time. You will also know that you can ask for whatever you need and the answer will come quickly.

But the request will come from your spiritually enlightened center and you will never selfishly seek anything, but will always ask for things within the context of what will be good for your environment, community, family and friends. You will have an open mind, knowing that TRUTH is infinite, and that as long as your knowledge is great, there will always be one more dimension to explore. This is what makes life in any dimension, even in the HEAVENLY KINGDOMS of such exhilarating and purposeful consciousness.

In daily life the enlightened soul will awaken with a mind empty of everything except praise and gratitude. In the end you will be aware of the tasks that await you and giving thanks for the energy and availability to carry out these tasks. You will go out to fulfill them without any inner resistance or reluctance to begin with.

Therefore, with this attitude towards the daily routine you will not waste energy on resistance of any kind. If there is a special reason to resist some suggestion or coercion, you will do so calmly and reasonably without magnetic-emotional feelings of anger or rejection. He becomes the impartial observer, doing the right thing at the right time.

Your soul is imbued with patience, waiting for guidance, waiting for the right doors to open, waiting for confirmation that whatever plan comes to you is true, coming from the DIVINE WILL, which comes into being through your mind, heart. and energy.

He becomes a real man, who manifests CONSCIOUSNESS-FATHER MOTHER-LIFE.

He also takes on the feminine characteristics of universal love and becomes the personification of intelligent love or loving intelligence in person.

She takes on a more masculine characteristic of strength and a strong sense of direction.

If someone needs guidance he/she will show loving intelligence and the person will be uplifted by his/her words.

If healing is what is needed, he/she will show intelligent love and the person will be healed.

This is the goal towards which I lovingly entrust you.

The path to CHRIST CONSCIOUSNESS is summarized in these LETTERS.

When you achieve it, you will rejoice and say that it was worth every moment of the rocky and hectic times that are now behind you forever. You will be free to ascend to the highest dimensions, each bringing you new experiences and joys. You will become founders of a new order on earth that will form the head of a new surge of spiritual evolution.

When this spiritual evolution is spread to the masses many years from now, people will finally learn how to live in peace with each other.

There is no doubt that these things will happen, since the SEEDS of such a future have been sown within these LETTERS. Those who want to receive them

into their consciousness and persevere in faith will eventually find them blooming in beauty, joy and harmony and bearing fruit in their daily lives. Believe since I, the CHRIST, have spoken.

*I came and I have come now to help you find the most abundant life and infinite joy.  
CHRIST returns and reveals the overwhelming truth (continued in letter 9)*

*It is the deepest wish of CHRIST that these LETTERS be quickly published and distributed to the people who seek the TRUTH.*

*When citing them, he affirms the source with complete clarity (Las Cartas de CRISTO, [www.caminodecristo.com](http://www.caminodecristo.com); CHRIST'S LETTERS, [www.christsway.co.za](http://www.christsway.co.za). (book Title: CHRIST RETURNS-SPEAKS HIS TRUTH)*