



GET RID OF TIME!!

MOTHER MARY

Dear friends

When you were a child, you were naturally in touch with that Source and your essential purpose, your spiritual purpose, lies in connecting again, with that childish part of you.

Like life on Earth, it is meant to be joyful. I would like to talk to you about how it is possible to bear heavy loads and have joy and lightness in life. The main one is to let go of time. You often push yourself because you believe you have to achieve some spiritual or other goals within a certain amount of time, but that is a very human belief and as you get closer to your soul, time becomes less important and tends to slow down. evaporate.

Remember, that when you were a child, when you had fun or played you lost yourself in it. There was no time in your consciousness so when you live that way, when you live in the moment, you follow the natural flow of life much more. There are moments in life when you have to deal with deep internal emotions such as fear, anger, resistance or sadness.

If you would simply stay present with the emotion, without thinking too much about it, you would notice that it would have a beginning and an end and that after having a deep encounter with those old layers of pain, there would be a time of lightness and you would want to live the life. life happily.

Dare to be like a child again and feel it for yourself right now. Ask yourself, what do I need in my life, to feel more joy in a simple way? Don't be afraid to give it to yourself, to pamper yourself a little.

Your inner child often wants to take you by the hand and lead you to the now, to the present, and you often get caught up in thoughts about the past, or problems that you need to solve, but life is HERE AND NOW.

As souls you are near the end of a life cycle and as we have mentioned before this is both a time of transition and a time of completion as you are giving birth to a new you.

It is true that past life wounds and trauma want to revisit you so they can be healed and released, but by drawing closer to the new you that is being born, you can also reach the joy and lightness of the future, and I would like to invite you to do just that.

Imagine that the New Earth has manifested more clearly on this Planet.

There is an opening from heart to heart.

It is easier to trust other people and openly show them your trust and love. Is there more joy and collaboration between people? Are there still energies that need to be resolved and balanced? But the heaviness and pain of the past have been transformed into wisdom and compassion.

Feel the energy of that future right now. Feel how that future invites you to peek into it. Feel the energy of the Earth alive under your feet and feel your joy and your passion for the future. See yourself there on the new Earth. Your heart is open and your feet are firmly planted on the ground. Now follow your first

impulse. What do you like to do the most in that place? Is there a work or art that attracts you? Do you prefer working with children, with other people or doing something on your own? Everything is possible there and above all feel the love of the Earth, welcoming you.

She recognizes you as the teacher and healer that you are and, at the same time, she also wants to nurture your childish part, the playful and joyful part.

Thank you for being here today and remember the joy of Heavenly places is near.

And so it is.

With love

MARIA

(via Pamela Kribbe

01/15/2023)