



YESUA (JESUS) THE LEGACY OF ATLÁNTIDA ☉ LIGHT WORKERS

“Welcome my dear beloved brothers and sisters, listen carefully and receive the following message with love. This time of transition on Earth is bringing to the surface many old things. Old energies are emerging from past times, from times when they were incarnate and had lives in which they experienced a lot. All those old layers are now resurfacing. I would like to talk about those ancient times today, to bring you to a deeper understanding of yourself, who you are here and now. You are ancient old beings that carry within yourself a great experience. They have made long trips through time and space and not just on planet Earth. Please let me take you back to the beginning. There was never a beginning, but for the purposes of this story I speak of a beginning in time because there was a starting point for the great cycle of lives in which they are now trapped. I take you to a moment of your birth as an individual soul, as a different self. The state of the self that is so familiar to them today was a completely new phenomenon in the universe. Being separated and individual allows you to accumulate a multitude of experiences and yes, also, of illusions but that does not make it less valuable. It is precisely being a self being separated from everything and experiencing the illusions that come with it that you can discover what it is not. You can discover an illusion and experience it from within. At first it was not possible. At first there was one and nothing outside him, like an undifferentiated ocean of love and unity. Now try to

experience fear and ignorance from the inside. Being vulnerable and prone to illusion, you accumulate a lot of experience, which allows you to really understand what unity means, what love means at the level of experience. You will understand what love is, not as an abstract concept but as a living and creative force that moves and fills your heart and mind with a deep sense of joy and satisfaction. This is the ultimate goal of your trip, the return to Earth you crave, being God like you, experiencing unity like me. You don't want to give up your self. It is through the connection of your self with the whole that you experience the deepest joy and add your own unique energy imprint to all creation. I ask you to return to when this being me, as a way for the first time. At that time you were or were created as angels. You can feel the tenderness and innocence of this primary energy, this distant beginning where you were molded for the first time, where you came to know the form. Suddenly you were different and separated from those around you and you experienced the miracle of being an individual. You were still so close to the source of divine light, that you were full of love and overflowing with joy and creativity. There was an incredible desire within you to experiment, know, feel and create. Come in for a moment and see if you can feel this truth. You are an angel deep in yourself. Now I take a great leap in time because I can only take a look at this vast story. I take them to the beginning of planet Earth, you were present there, you are older than the existence of the Earth as a physical planet. Your birth as a virgin unconsciousness is much older than the origin of the earth. Now imagine that you have contributed to the development of life on Earth. Slowly life evolved on Earth thanks to the presence of material elements that offered a wide range of possibilities for consciences to be embodied in material forms or bodies, minerals, plants and later animals, and you were deeply involved in this creative process. You were the angels and babies who supported and nourished the vegetable kingdom. Those who knew intimately and deeply cared about the network of life on Earth, you have also provided to animal life forms, etheric love, care and nutrition. The memories you carry from paradise or the Garden of Eden, of a perfectly balanced nature in which you participated as a caretaker and guardian of life, come from this ancient era. At that time you were not yet incarnate, but floated between the ethereal and physical kingdoms. You were an angel about to be born in matter. Remember the innocence of that era,

remember how it was to be that angel conscience and how they took the earth and all the manifestations of life on it. Feel the childish aspect of your conscience at this time. They were like children playing in paradise, always with an adventurous spirit, joking, laughing, experiencing the joy of expressing themselves freely in a safe environment. Despite your joy you had a great admiration for the laws that govern life and you would not think of treating life forms with anything other than a deep affection and respect. Then you were a kind of fathers of life on Earth. This explains why you can be deeply shocked by the disturbances of nature by modern technologies and the general misuse of the forces of nature, why does this affect you so much? It is because they have caressed and fed those same energies from the beginning. By your essence you are connected with her with the earth and with her many ways of life, as a father is with her son and a creator with her creation. And at that time, when they were angels feeding life on earth they didn't know why they did it. You acted as children who were attracted to the call of another adventure, the emotion of the new and you just let yourself be guided by what seemed joyful and exciting to you. You planted your energy where it was welcome. This is how you helped create paradise on Earth, the splendor of life, the abundance of the vegetable and animal kingdoms, the diversity of life forms and the unrestricted development of all this. Keep this photo for a moment. Remember who you are. Although it seems too great to you when I tell you this, allow yourself to fantasize that you were part of everything, that you were present as an angel in this garden of life, innocent playful, taking care and appreciating life. Outside of paradise, the first fall in experience. For millions of years the Earth has undergone many developments that are difficult to describe in a few words, but at some point his happy adventure in the Garden of Eden was interrupted by an external influence that could be called evil or dark. From other dimensions of the universe, beings began to interfere in the earth. Its purpose was to exercise power and influence over life on Earth. This event, the interference of powerful dark energies that emerged from nothing from his point of view, deeply shocked his angelic self. You were not prepared. It was his first encounter with evil and he shook his world to its foundations. For the first time you experienced what it was like to feel insecure. You have learned about human emotions, fear, shock, anger, disappointment, sorrow, indignation, what happens here? Feel how the

shadows have fallen on this encounter with darkness, the dark side of duality. Slowly the desire for power that had shocked you and horrified began to take over you. Indeed, you felt indignation and outrage towards the aggressors and wanted to defend and protect the earth against this strange invasion. I speak of an extraterrestrial influence of a certain race, so to speak, whose origin does not matter to our history, what matters is that you partially absorbed the energy of these beings and therefore fell. I do not speak of the biblical fall, because that phrase is associated with sin and guilt, but of a fall in experience, in darkness, which was somehow predestined because you were part of the world of duality. Being a self, when experiencing the separation of the whole, the seeds of duality are born within you. It is part of the logic of creation that you explore all the extremes of duality once you are there. They gradually became warriors because they wanted the power to protect their territory. He followed a new stage in his story during which he was involved in several wars and galactic struggles. Please take a moment to feel what is happening. The fall of the playful energy of the angel child, to the hard and angry energy of the galactic warrior. We are talking about long periods of time. It may seem great and unfathomable that you have been through all this, but I ask you to allow your imagination to travel with me for a while. He has been caught in a great and fierce battle. Part of science fiction literature, with which he is familiar, describes all this and is in fact inspired by real events that occurred in the distant past. It is not mere fiction. Many things really happened and you were deeply involved in it. You have lost yourself in the struggle for power and at this point in your story you have experienced the energy of the ego. I have talked about this before in the series "LectorCare" and, now, I want to take another big leap and tell you what the next big step was. After a long time, you got tired of fighting. You've had enough. They saddened and got tired of the fight and a kind of longing slipped into their hearts. You had been obsessed with wars and conflicts in which they participated for a long time. The illusion of power can exert a hypnotic influence on a naive and inexperienced mind. You were naive and not tried when you experienced your first fall in the dark but then, at some point, there was an awakening inside you. A vague memory of the old days in heaven has stirred in their minds and hearts reminding them of the joy and innocence they once knew. You wanted to be able to go back there and not want to fight

anymore. You could say that the energies of the ego have been exhausted within you, by the complete experience of him. You have experienced all aspects of the battle. The full range of emotions of victory and defeat, control and surrender being the murderer and the defeated. You have been disappointed in power and discovered that power does not give you what promises love happiness fullness you woke up from your hypnotic dream and longed for something new. When you sought to rise above the energy of the fight and connect with the energy of the heart again you were naive and unproven, they were like children sticking their heads across the wall of a completely new country where struggle or power were not the dominant forces, but love and connection. You followed the call of your soul and broke the wall and began to meet again and recognize them as related spirits, members of the same family. Once they played together as angels in the Garden of Eden. The relatives of the workers of the Light who are part of the same wave of birth of the soul looked at each other again and were attracted to a common call, a shared mission. You knew you had to do something so that the great step towards the consciousness of the heart the return to heaven really happened for you. You felt that you were dealing with the Earth again, but this time as a human being embodied in a human body to experience from within what had happened on Earth due to the Galactic Wars and your abuse of power. In his struggle for power the earth has always been the focal point of attention. Many galactic parts have fought for dominion over the earth and this has had a negative effect on Earth all life on it and the collective soul of evolving humanity. It is not so easy to explain because the Earth was such a great goal for all these groups at war. In short, the Earth is the starting point of something new, it is a place that brings together many different dimensions and realities and therefore is a crossroads towards the future. Many, many energies that are found and mixed in the earth within the vegetable, animal and especially human kingdom. This situation is very special. When these energies can coexist peacefully it will result in a tremendous explosion of light throughout the cosmos that is why the Earth plays a key role and has been the center of a great battle. Once they participated in this battle as criminals trying to manipulate life and conscience on Earth quite aggressively, it has damaged the developing human being. Humanity was then at the stage of childhood, the stage of innocence humanity

was inhabited by souls that came from a different birth wave from yours. We have called them Souls of the Earth in the series of Light Workers. It was a group of souls younger than you who had manifested on Earth from the beginning and had to face external extraterrestrial manipulations, which reduced the capabilities of the human being. Extraterrestrial forces have projected energies of fear and inferiority in the open and youthful consciousness of man. This allowed them to take control of it. Now I return to your decision to incarnate on earth as a human being. You had two motivations, first you felt you were ready for internal change and transformation. You wanted to get rid of the attitude of the ego's struggle and evolve into another way of being. You didn't know exactly what that meant, you still couldn't fully understand it, but you intuited that the incarnation on earth would offer you precisely the challenges and opportunities you needed. Second, you knew you had to compensate for the things that had happened on Earth, partly because of you. Somehow they felt that they originally had a deep connection with the Earth based on love and mutual respect and that it had been corrupted when they were involved in wars and battles for this same land. Your two extremes, the angel boy and the inveterate warrior, had to be gathered and transformed and what place could be more suitable for this, than the earth? You felt a deep connection with this planet and you also felt a karmic obligation to improve conditions on Earth. You have wanted to change and raise the state of consciousness on Earth so you have become workers of light. You embodied on Earth in the time of Atlantis. Atlantis was the second fall in experience. Atlantis was a civilization that goes back much further in time than known historical ages. Atlantis was born gradually about 100,000 years ago and ended about 10,000 years ago. The first beginnings are even over 100,000 years old. Atlantis gradually evolved as extraterrestrial races began to invade the Earth, but embodying in human bodies. These souls generally had a high level of mental development. At that time societies and communities on Earth were largely composed of souls of the earth and these were primitive societies, as you call them. There were, even before Atlantis, many extraterrestrial influences on Earth from the Galactic Kingdoms, which sent ways of thinking to Earth in different ways. The ways of thinking are energies that connect with humans on an ethereal or auric level and therefore influence people's thoughts and emotions. This happens

continuously as you absorb ideas and beliefs of your upbringing and society. They surround you like an infectious network but it can also happen from the astral levels that surround you. The ways of thinking projected towards you by the galactic warriors were generally controlling and manipulative, but there have also always been influences of light and kindness. It is the human himself who decides what he lets in or not. At some point the galactic parts wanted to have a deeper influence on Earth and there was an opportunity for them to inhabit human bodies. In short, embody on earth. The spirit or life opened this possibility to them because it was part of their path of inner development. You were one of those "parties." In their spiritual literature, people who come from these galactic kingdoms are often called stellar people or star seeds. Atlantis was the result of a meeting, a mixture of native societies of the earth and the influx of souls from the outside. You, the wave of working souls of light, embodied on Earth because you wanted to generate changes and progress, and because you wanted to grow from a consciousness based on the ego to one based on the heart. When they arrived, at first they felt very rare and uncomfortable because they were inside physical human bodies. Living in such a dense physical matter produced a feeling of oppression and imprisonment, because you were accustomed to much more fluid and volatile bodies that possessed more psychic power. In higher frequencies or dimensions, less material or dense, its psyche has a much greater direct influence on the material environment. Simply thinking of something or wanting it, you can create it immediately or attract it to you on these planes. His mind has become accustomed to creating much faster than possible on Earth. You could say that the reaction time on Earth is much slower, so when you are here for the first time, you feel that you are somehow locked in a solid and inflexible body and you feel uncomfortable because what you want and what you aspire to materialize more easily, and your control over your life and circumstances seems to be quite limited, then you were confused when you arrived here. At the same time you had highly trained mental abilities that had been developed in their previous galactic lives. To send ways of thinking and project it on other living beings, one must possess a certain psychic power. Your mind was like a series of sharp knives that had to prove their worth in a totally different environment. Your trained mental abilities were an ancient asset and due to the

feeling of alienation and oppression you felt on Earth instinctively you tried to find your way here, using that ancient asset. So you started exercising your mental powers on earth. Originally his intention was to connect you to the earthly reality from your heart. Before incarnating, you knew that, despite your formidable analytical and psychic powers, the land of your heart was fallow and needed seeds, small light plants. On earth you dealt with the souls of the earth who lived there as human beings and did not understand them well. You thought they were instinctive and barbarian beings. You did not understand his direct and spontaneous way of expressing his emotions. They were primitive in your eyes, they were more in tune with their emotions and instincts than with their minds. You had abilities and gifts that differed from the natural dispositions of the inhabitants of the earth, although you were often born and, if you grew up like their children, when you were born of land fathers, a social gap has gradually grown between you and them, due to your higher mental abilities. You have developed technologies that were previously unknown. Everything happened slowly. Naturally we are talking about thousands even ten thousand years of time. Without going into the details of this process I want to ask you to feel the essence of what was happening there. Can you imagine that you were part of that? Can you imagine what it should have been to find you in a place where you really don't feel at home and know that there is something I planned to do here and you don't know what it was? . Let's see, I have certain skills and powers at my disposal, which distinguishes me from many others in my environment. I will use these talents to reaffirm myself. Do you recognize that kind of pride and ambition in you? Can you remember that it is yours? This is a typical Atlantean energy. Gradually a new culture emerged on Earth. A civilization that gave rise to unprecedented technological development that affected all sectors of society. I would like to talk a little more about the type of technology that evolved in Atlantis. What you, as people of the stars, still remember brilliantly despite the veil of oblivion, is that they can influence material reality using the power of your mind specifically the third eye. The third eye is the center of energy, chakra of intuition and psychic consciousness and is located behind your two physical eyes. The power of the third eye will still be very familiar in those first incarnations as a second nature for their soul. You knew how it works, you knew that matter, physical reality, has a form of

consciousness that is consciousness in a certain state of being. Through this essential vision of the unity of consciousness and matter, it could affect and shape matter by making internal contact with consciousness in the piece of matter. In this way you could literally move matter, manipulate it from the mind. You knew a secret that was forgotten in more recent times. Currently you see matter, physical reality as separate from spirit consciousness. Influenced by modern science you have forgotten that all beings are inhabited. Everything that is has some form of awareness with which you can connect and cooperate creatively. This knowledge was evident to you in ancient times but during Atlantis, when the centers of your heart had not fully awakened, your third eye was controlled mainly by the center of the will or the ego, the solar plexus or third eye chakra. You were on the threshold of a new internal reality, the reality of heart-based consciousness, but due to the impact of its immersion on the dense reality of the Earth, its tender and cold inspirations were temporarily lost. It has been misguided by the excessive use of willpower mixed with the power of the third eye. You have longed to improve things on a larger scale of light work but you have done it in an egocentric way, with an authoritarian attitude towards the souls of the earth and nature. It is the inheritance of Atlantis. In the days of Atlantis there were many possibilities. The technology was very advanced in some areas, even more than its current technology, because the power of telepathy and psychic manipulation was used and understood much better. Telepathic instant communication could take place between different people far removed from each other. It was possible to leave your body consciously and travel. Communication with extraterrestrial civilizations was sought and achieved. Many things became possible during the time of Atlantis, but many things also went wrong. There was usually a division between the spiritual political elite and the people, which was mainly composed of earthly souls. The latter were seen as inferior beings, means for an end and were actually used for genetic experiments that were part of the Atlantean ambition to manipulate life at the biological level so that they could create higher life forms. A positive aspect of the Atlantean society, by the way, was the equality of men and women at that time. The power struggle between man and woman in which women were terribly oppressed in the last stage was not part of Atlantis. The feminine energy was fully respected, especially since it is directly linked to the

power of the third eye, intuition, clairvoyance, spiritual power. I want to take you to the fall of Atlantis. There they were working energies that they are still trying to accept. You were deeply involved in what went wrong at this point. In Atlantis you lived from the centers of the will and the third eye. The energy of your heart has not opened significantly. At some point you fell in love with the possibilities of your own technology and the ambition to create superior ways of life. You applied genetic engineering and experimented with various ways of life and were unable to understand, to feel that you were disrespecting life in doing so. Those with whom you experienced could not trust your empathy and compassion. The energy present at this stage of perversion in the Atlantean civilization returned specifically in the 20th century in the form of the Nazi regime in Germany. Cruel experiments and a general attitude of clinical coldness towards lower life forms were an important part of this regime. The lack of compassion and empathy towards the victims, the absence of emotion and the mechanical way of dealing with the victims was similar to the attitude of the Atlanteans. It fills you now with a deep sense of horror. You have seen and felt the other side of the coin that of the victims in the lives after Atlantis, but during Atlantis you were the aggressor. This is where a particular karma occurred. Atlantis is the key to your lives as an aggressor, your dark side. I tell you this, not so that you feel ashamed or guilty, at all, we are all part of this story, assuming several roles and costumes, and that is being in duality. It is to experiment and play all the imaginable roles, from the lightest to the darkest. If you allow yourself to know your dark side. If you can accept that you have also played the role of aggressor, you will be more balanced, freer and more cheerful. That's why I tell you this. At some point the technological developments that you and other groups of souls have been pursuing have had such an impact on nature, that the ecological systems of the Earth have been affected. The fall of Atlantis did not happen suddenly, there were many warning signs, signs of nature. But when they were not paid attention, huge natural disasters occurred that flooded and destroyed the Atlantean civilization. How has this affected you at the inner level? It was a shocking experience, a traumatic experience. It was another fall, a second fall from experience to the depths. During their incarnations on earth, you eventually lost the connection with the energy of the heart they had reached. Stronger than ever, after the fall

of Atlantis you realized that the truth did not reside in the control of life, no matter how noble the goal was. Then you really began to open yourself to the calm voice of the heart telling you that there is a wisdom at work in life itself that does not need to be handled or controlled. In the flow of life itself in the flow of the heart and feelings, there is wisdom with which you can tune in or align yourself by listening and surrendering. It is not a wisdom created by the head or by the will, but a wisdom that comes from admitting a superior perspective the voice of love. This mystical knowledge that comes with a feeling of humility and surrender little by little, you began to feel from the inside but, even then, the time had not come for a joyful awakening of the energies of the heart. A shadow had fallen on you during Atlantis, the shadow of having negatively affected other beings. You would have to feel deeply the effects and experience them, before the awakening could take place today. Another great step in this old story and I take them to the moment they return to Earth after Atlantis has disappeared dragged by the waters of the ocean, once again you embodied in human bodies. The memory of Atlantis, buried deeply in the memory of your soul, is linked to a sense of shame and doubts. The fall of Atlantis stunned them and left them perplexed, but also opened their hearts a little more. What immense developments are taking place on such a large time scale! He rejected as a light worker the third fall in experience. The next important cycle began with the arrival of critical energy to the Earth represented most visibly by me. Many of you were present around this time. A few centuries before I was born, you began to incarnate again in large numbers. A voice from your heart has brought you, it has summoned you. You felt you had to be there. That it was time for you to take the next step on your spiritual journey that has been intertwined with the Earth. The coming of the Christ Energy. My coming to earth was partly prepared by you. I could not have come without a layer of energy present on Earth to receive me, to catch me, so to speak. The energy provides the channel through which I can anchor the energy of Christ on Earth. It was a joint effort, really. Your hearts were open to me, to what I represented. At that time you were the most open part of humanity to receive love and wisdom from the heart. I was born among a certain humility, in the best sense of the word, an abandonment of ignorance, of the will not to control or manage things and a real opening to something new, something that distinguishes power and control, something

different and, due to this trust and openness in their hearts, they could receive me. I was like a ray of light that fell on the earth, remembering those who were ready in their angelic nature, their divine core. It has been moved by me, from what I have expressed and irradiated from within and the energy of Christ has affected you deeply since then in this life around Christ and in later lives until today. In all these lives they have tried to bring the energy of Christ to the earth to spread it through teaching and healing in different ways. They were inspired and passionate light workers, working hard to attract more justice, equity and love to this planet. At that time, the moment of the awakening of the energy of Christ, you were the ones who opposed religions that were too closely organized, authoritarian ways of subjugating people. You fought for freedom the emancipation of feminine energy. The values of the heart at a time when we were barely aware of it. During the last 2000 years you were freedom fighters and were rejected and persecuted for it. You were punished and tortured for what you were and many times you ended up in the stake of the gallows. You have a strong emotional trauma for this episode of the story. In the struggles and resistance they found the karma of the Atlanteans and the galaxy worked. Now the papers were reversed you have become victims and you have gone through states of loneliness fear and despair. You have become intimately familiar with the deep emotional pain of rejection. This was your third fall, a third fall in experience, and the one that led you to the heart of your mission to understand the unity that underlies both light and darkness to learn what it really means. This third fall brought you to who you are now. Today at dawn of a new cycle. In these times of transformation, you are truly open to the meaning of Christ energy. Within his heart springs a wisdom that embraces and transcends opposites and recognizes the only divine flow in all different manifestations. Your love is not a mere abstract knowledge, but a pure and sincere real flow of the heart that extends to others and the earth. Now you recognize yourself in the face of the other, whether light or dark, rich or poor, light worker, or dead soul, animal man, or plant. Love based on the conscience of Christ, closes the gap between opposites and gives you a palpable sense of interconnection of all that is. Like an angel, once you kept heaven on earth. You disconnected from that state of innocence when you engaged in the dance of power with energies that wanted to steal your paradise, therefore you have abandoned the spiritual

kingdom and embodied more deeply in the material reality of form and illusion. As an angel you have become a warrior. When you incarnated on earth and went to experience what it was to be human, you were again tempted by the desire to control things and this led to the fall of Atlantis and the warrior you were. You returned to Earth to experience the disadvantages of the power game. To feel what it is to be a victim of aggression and violence. The aftermath of this last part of the cycle, are still clearly present in your way of living things and all of you are working hard to overcome the trauma of rejection that is within you. With this you complete the circle to the point where it all started. You are returning to your true nature of an angel, but now an angel totally embodied with a real and alive knowledge of the extremes of light and darkness, love and fear. You are a wise and compassionate angel, a human angel. I have great respect for you, for the incredible journey you have had. I present myself to you now as your equal. I am here as a teacher and guide, but also as a brother and friend. I would like to offer you my love and my friendship, not abstractly but as a tangible energy of fellowship and understanding. I know who you are now, recognize yourself in my face. You are at the end of great cycles of time during which you have had many experiences. Today I wanted to talk about Atlantis, because recognizing the energies you embodied there can help you enter a state of peace and fullness with yourself. Atlantean energy is the energy of great mental power, associated with particular pride and arrogance. Dare to recognize this dark energy within you. Dare to accept that you have experienced it, and ever experienced. He feels that he has been the aggressor, the culprit and the victim. By admitting this fact in your conscience, you open the door to the greatest wisdom you can adopt in your life, the wisdom of not judging. By becoming aware of your dark side, you will stop judging others, whether you are right or not, or even judge yourself. All the grounds for judgment will disappear. Judgment gives way to understanding and compassion, so you really begin to understand what love is, which means "light work." The word work of light actually incorrectly suggests that there is some kind of struggle between light and darkness and that the worker of light is the one who conquers the darkness, but the true work of light is none of that. The true work of light implies being able to recognize the light of love and conscience in everything that exists, even if it hides behind masks of hate and aggression.

You still often feel tempted to make judgments about the reality of the Earth, for example, how politics works or how people treat the environment. It is easy to say that everything is wrong and feel alienated on this planet Earth, alienated and homeless. Try to get in touch with the delinquent energy in you, at that time. Allow yourself to access the Atlantean energy that is always present in the memory of your soul and feel that you have also been that and even that was good. All your falls in experience end up closing the circle and opening your heart to the essence of divine creation, love, creativity, innocence. You, who have known the extremes of darkness and light, have been throughout your journey only an innocent son of paradise starting with a spirit of openness, bold curiosity and joy of living. On this trip you can only learn from experience. The falls in the experience could not be avoided, since they were the way to achieve something new and more satisfactory. The essence of your trip is, that you get wisdom through experience, therefore recognize and honor the courage of the angel child you were. See his vitality, his courage and his perseverance to venture into the unknown. I ask you to respect yourself, including your dark side. Feel the power and self-awareness of the Atlantean energy for a moment, there is also a positive side in this. You have been endowed in many ways. Invite this energy to enter here and now. Let the sense of self-esteem and self-control return to you and forgive yourself for the atrocities committed in the past. If you inflicted pain on other people, you were the aggressor at that time, but you also feel how you have come to repent deeply and how much you have now opened up to genuine respect for everything that lives. When you forgive yourself, you open yourself to the joy of letting go of the trial. This is the consequence, you see. If you recognize the dark part of your being and you are able to forgive yourself for it, you no longer need to judge yourself or others. It is a pleasure for your soul. Very often you still put yourself on the back of your judgments. You tell yourself that there are so many things you still need to achieve. Today I ask you to look back and see what they have already achieved. Become aware of the depth of your journey through these great cycles of time and think no more of me as a teacher. I fulfilled this role 2000 years ago, but that time has passed. You are the Christs of this new era. They will bring peace to a world of reality and polarity, radiating the peace that resides in their own hearts. Feel that you are ready. That you are ready for this role and let me offer you some support

and encouragement, as a friend and brother. We are one. "Our blessings. We send you a very strong and tight hug to each of you we are the workers of the Light